

FROM ZANZIBAR TO THE WORLD - THINK GLOBAL, ACT LOCAL

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EXCLUSIVE

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DEAR SANTA, PLEASE BRING MEANEW HOME...

By Tatjana Wenzl

Fumba Town is placing Zanzibar on the map for house hunters. Here's all you need to know about one of Africa's first eco cities. (And if you'd still need a present for your spouse - call us!)

7here is Fumba? Fumba Town is located on the West Coast of Zanzibar on a peninsula of the same name. The 150-acre vision of urban living in Africa - with shining white houses, both large and small, and neat apartments stretches 1.5 kilometres along the Indian Ocean with beautiful sea views and stunning sunsets for everyone to enjoy. Fumba lies just 15 to 20 minutes drive from the island's airport and its capital, while Zanzibar has daily international flights and is just a quick ferry ride away from Tanzania's capital Dar es Salaam.

Who can buy?

Anyone! Investing in Fumba Town is a unique opportunity for anyone who has ever dreamed of owning a prop-

erty near the sea and in Africa. Since its launch in 2015, people from 52 nations have bought a home in Fumba Town and the number is growing monthly. Payment is made in instalments and upon building progress.



The Bustani Villas (photo) are high-end units

ject, but in a forward-thinking vision of lars. Fumba Town is the fastest selling sqm. This covers 24/7 security, efficient sustainability, modernity and commureal estate development in Tanzania nity values. 500 of 3000 planned units with complete municipal services. have already been sold and built.

waste management, well-kept public ar-

Is it a sleepy town?

Quiet yes, but not sleepy! Kwetu Kwenu, a first cafe, has already opened and residents love taking their meals or a cup of coffee there. A safe and clean playground is located right by the café. A first bus shuttle is running between town and Fumba twice daily; more bus services are in planning. A modern commercial center is currently being built and shall be fully functioning with a supermarket and other vital services towards the end of 2020. A resident doctor has opened her clinic (read her column on page 7). Schools, shops, restaurants, sport grounds and resident clubs are being planned as the town grows - and according to what residents will opt for. "The philosophy of Fumba is to make ground for commercial ventures and social amenties to foster economic growth and social inclusion of everybody around", says chief developer Sebastian Dietzold.

Can I rent out my unit?

Very much so. The very idea behind Fumba Town is to create affordable homes and rental living space for an ever-growing population in Zanzibar and Tansania. The rapid growth of a middle class implies a high appreciation of investment for purchasers.

Who is behind Fumba Town? The German-led family company CPS is behind Fumba Town and "The Soul", the latter being a brandnew development of holiday apartments for sale in Zanzibar. "The Soul" is situated on the East

ating living spaces.



Malaika MIhambo (photo) leapt to fame with 7,30 metres in long jump at the World Athletics Championships in Doha in October. Few people know that the gold-winning athlete representing Germany has roots in Zanzibar. FUM-BA TIMES spoke to her in Germany.

Tell us about your Zanzibari roots? My father is from Zanzibar, my mum from Germany where they met. I grew up speaking Swahili, English and German. I have forgotten most of my Swahili but I can still say habari and nzuri.

Have you been to Zanzibar? Not yet, but I am planning to visit soon. I am just discovering my African roots.

What is your "magic" trick to jump that far - 7,30 m? It takes years of training and talent, especially fine motor skills. I started with ballet and judo with 4, moved to athletics when I was only 8 years old. In long jump it's the speed that carries you forward. That's why I also compete in 100 metres.

HAPPY NEW YEAR, ZANZIBAR!

For a decent firework display one still

Are foreigners free to buy?

Yes. Fumba Town is situated within a Free Economic Zone which enables foreigners to buy. Furthernore, a new condominium law also gives foreigners the right to acquire property. A 99-year title deed is granted to every purchaser with the right to inherit, mortgage, sell and rent out. The government of Zanzibar backs the project.

For whom is the new town designed?

Fumba Town is home to a very unique and vibrant community. Homeowners so far come from Zanzibar, Tanzania, from the diaspora (many from Oman and Dubai), Europe, South Africa and many other places. They are families, couples and singles, young professionals as well as residents wanting to retire. Zanzibar, as much of Africa, is in urgent need of living spaces. Some buy to invest and rent out, others to live here permanently or to spend their holidays. They share one thing in common: Their love and appreciation for Zanzibar and the desire to not only invest in a pro-

How green is Fumba?

Very green. The entire landscaping is based on permaculture principles. Tree-lined avenues and verdant parks clean the air and provide shade. Drinking water comes from the tap. 94 per cent of household waste is recycled, grey water environmentally managed. Sustainable building methods have been adapted to tropical conditions (see article on page 2). You will often hear and see the phrase: Earth Care. People Care. Fair Share. Fumba Town aims to be a clean, safe and sustainable environment for generations to come. It is a green model for much of the continent.

How much is a flat or house?

Modern, affordable housing in a sustainable setting is the idea of Fumba Town. The result is a mix of low-cost and premium private homes. Studio apartments start from as little as 19,900 US dollars. Two-bedroom family homes from 54,900 US dollars. More luxurious villas from 199,000 US dol-

What are the running costs?

There are no hidden costs! The monthly service charge is 1-2 US dollars per

SAFETY IN FUMBA

Fumba Town is a safe place to live, work and relax. In fact, security is one of the main pillars of Zanzibar's future town and already fully in place - almost invisible, but rigorous. You will not find heavily armed personnel but highlytrained, friendly and efficient security staff. Plus: State-of-theart camera surveillance, motion sensors, a 24/7 gate service and 24/7 monitoring service for emergency calls.

Information on buying and renting: sales@cps-live.com or whatsapp +255 623 989 900. Website: fumba.town

eas, clean water, stable power, fast data - and a helping hand at any time. The Town and Property Management assists homeowners with maintenance, repairs and renting-out their properties.

Verdant parks, leisure grounds, lovely homes all with top-notch security

Coast near Paje. CPS is experienced in large-scale urban development and internationally recognised for its modern and forward-thinking approach in cre-

has to fly elsewhere but there are some promising parties in Zanzibar, too:

Beach House, Stone Town: Christmas with DJs, bands & dinner (\$35 p.P.), 25-28 Dec, 6 pm. - New Year's Carnival, Samba, dinner, drinks (from \$75 p.P.), 31 Dec, 7 pm; res. 0774 271 435

Blue Oyster Hotel, Jambiani: Big 20th anniversary celebration with bonfire & barbecue, 26 Dec, 7pm. - Traditional dhow race in front of the hotel, perfect to end the year, 31 Dec, from 1pm - 6 pm

- Red Monkey Lodge, Jambiani: New Year's brunch with hangover buffet & live music, 1 Jan
- **6 Degrees South,** Stone Town: New Year's Eve dinner & action, tbc
- **Taperia,** Stone Town: Spanish & Swahili fusion dinner, sparkle and live band (from \$30), 31 Dec, 9pm
- Upendo, Michamvi: dinner & show, res. 0777 770667
- Pls note, events subject to change



44 shows over four days and nights at 2020 music festival in February



Bold and beautifiul: Zanzibar's "Siti and the Band" performing at Busara

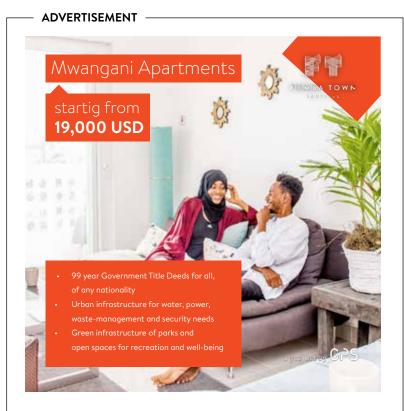
very year it's a roller coaster of hopes and fears for Yusuf Mahmoud, the tireless Busara festival director. But despite ever-present financial shortcomings, Zanzibar's only world class event, the "Sauti za Busara" (Voices of Wisdom) African music festival, will now celebrate its 17th year. The Norwegian embassy has been one of the faithful sponsors. Around 20,000 music lovers are once more expected to enjoy performances at the Old Fort and events in town. The festival will take place from 13th - 16th February 2020.

High on the agenda is Zanzibar's own taarab fusion star "Siti and the Band." Maghreb bands have been coming to

the forefront with remarkable sounds in recent years, so Mehdi Laifaoui from Algeria should probably not be missed nor should Mehdi Qamoum from Agadir, Morocco, who plays a rocky fusion of many styles. Oumar Konaté is emerging as a young African guitar master from Mali. Columbian music band "Yembemá" is celebrating its African roots with Latin-African fusion.

"This year we received 500 applications from artists of 70 countries in Africa and elsewhere", director Yusuf Mahmoud elaborated. The 2020 festival carries the motto "Love Live Music" - a statement in favour or real music under African skies as opposed to computer generated sounds.

For tickets and information go to: www.busaramusic.org



The Fumba Times

NEWS



SMART LIVING IN A HOT CLIMATE

Climate change is a hotly debated topic. In Zanzibar the heat, and how to reduce it by natural means, is a major challenge. Read here how architects cool down Fumba Town and what homeowners can do themselves.



Blissful breeze

"Natural ventilation and creat ing shade are the two most important allies against heat in a tropical climate", explains Katrine Riekstina. Talking about letting the breeze in: In Fumba Town the architecture is based on calculations of wind directions. The prevailing wind direction is north to south and vice versa depending on the monsoon season. Thus, from public spaces all the way to private living rooms, wind and ventilation corridors have been created. Entering an apart ment building one will notice a strong draft, a fresh breeze. The open-circui ventilation is made possible by holes in outer walls and balustrades. Addi tionally, ceiling fans pre-installed in all houses and flats are helping with natural air distribution

Natural light & shade

"The advantage of Fumba Town's unique location is to experience a natlay residents see the sun rising and set- bills. "Don't make your AC unit worl help to monitor light and heat during the day, while keeping the house safely They also help to monitor strong rains and wind. Last but not least, Fumba buildings are embedded in lush green gardens. According to climate experts, a green layer of trees, especially a canopy of trees of different heights, can lower the temperature up to seven degrees Celsius in a city. "That's why in Fumba, we plan the landscaping first, creating sidewalks of shade within the whole



settlement", Riekstina explains.



Cool windows

When the heat hits, you want to keep your home cool, hopeural light circle", says Riekstina. Every fully without seeing a spike in energy ting. "In our first generation of Fumba so hard, use smart window styles, from family homes we have equipped all blinds and drapes to curtains", advises windows with easy controllable roller designer Riekstina. Being smart about shutters", the designer explains. They window coverings can reduce heat gain by up to 77 per cent, experts know. It all starts with the architectural design locked at night and when homeown- Canopies and overhanging roofs create ers are away. The shutters, usually in a shade. Used as a style element above light white colour, are perforated cre- windows in Art Deco architecture, ating flexible levels of shade and light. these concrete canopies are called "eyebrows" and can be seen everywhere in When it comes to glass windows, "in are very common", says Riekstina, who thermal insulation of windows is not yet much known, designers experiment right choice of curtains. Medium-toned ton, linen, silk and natural satin. drapes with white plastic backings cut heat by more than 30 per cent. "Make sure the curtains hang as close to the windows as possible", experts recommend, possibly even seal them with tape at the sides. Inner shades are a simple way to keep heat out, too. Again, install them as close to the window as you can. Always use the white side facing out to reflect heat.



The fabrics of summer

Let the sunshine in...! Light but cool, that's how we love it, but is it possible? "A lot depends on the materials and fabric you use for your interior", says Katrine Riekstina: "Natural material is Miami's Art Deco district, for instance. the way to go." That involves wood or cane furniture and natural fabrics such Japan UV-protected glass and curtains as cotton and linen. A sofa set made out of bast, rattan or raffia is a perfect inteworked there for 12 years. In Africa the rior item; the same goes for cupboards, beds and day-beds. Such furniture is comfortable and feels fresh even in the however with tinted glass. Meanwhile, rainy season. Preferable fabrics for bedowners can improve cooling with the room sheets and covers are again cot-





Clever cabinets

No dudus, please, but well ventilated cupboards (and non-mouldy bathrooms for that matter)! That is what we all dream of - for our kitchen as well as for our clothes closets. But how to get there? "The best solution are open built-in closets as we provide them in Fumba buildings" says designer Riekstina. Basic Fumba Town kitchens come already equipped with natural wood or stone counters, together with half-open wood cabinets Creativity is important: Cabinets with wicker doors stay airy and look beautiful, too. For instance at the "Zuri Re sort", a posh hotel in Zanzibar, we saw cupboard doors consisting of nothing but strings of pearls, designed by local company Chako – a great idea! "Open wood closets with flexible sliding doors also work perfectly in humid weather", says Fumba Town designer Riekstina: "Customers are welcome to discuss interior ideas with me."

designs, helps in watering and cooling.



EXPERT'S ADVICE the Fumba Town team. Born designer in Japan for 12 years.



ZANZIBAR

DON'T STOP THE MUSIC!

Zanzibar's only music school needs urgent support to keep going

Natural cooling: Green surroundings can lower temperatures by up to seven degrees Celsius,



Kids' paradise: The colour domes at the Fuma Town playground are made from waste material and equipped with light allowing for parents and kids to use the playground in the cooler hours after work and sunset

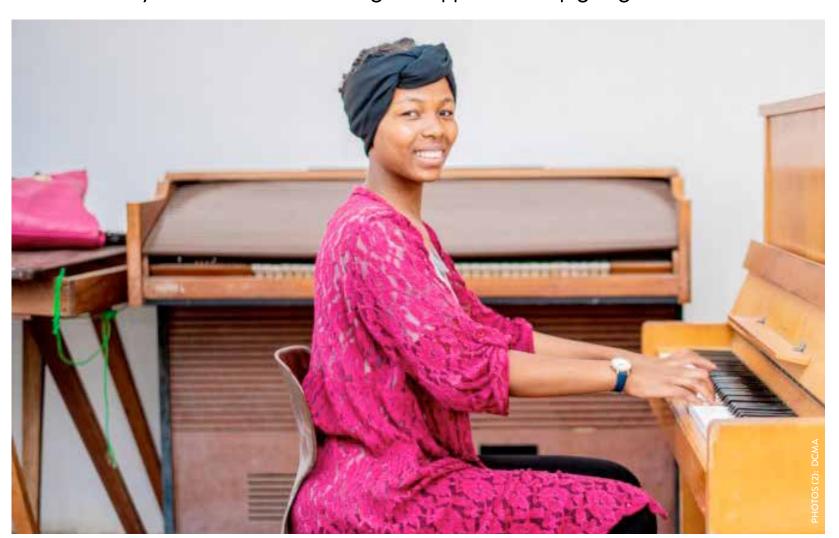
Outdoor fun

On the balcony or your terrace you want to feel cool and not like in an incubator. How to achieve this? Simple awnings can cut down on solar heat by 65 per cent on windows that face south and a whooping *//* per cent on window facing west, experts say. It's best to go with light-coloured awnings for increased sunlight reflection. On top of that: Go green on your balcony! Place and hang plants everywhere to cool down your outdoor space. If the balcony faces south use plants which love sunshine such as hibiscus, olives, lavender and lemongrass, the latter is also known to chase mosquitoes away – an added benefit. An outdoor shower or sink, provided in most of Fumba house



Katrine Riekstina, interior and light designer, recently joined in Latvia, she has worked as a

General elections for president and national assembly in Tanzania



Piano lessons: A third of the teaching staff are academy graduates. "We almost feel like family", students and teachers say

Residing in the historic hallways of the Old Customs House, the Dhow Countries Music Academy (DCMA) is on the brink of closure. It needs urgent donations to keep the music flowing.

ometimes, when holidaymakers Stroll along the recently (at last!) restored sea promenade in town, the drumming starts. Seemingly coming from nowhere, it creates a duet with the sounds of wayes hitting the shore. A flute melody arises, backed by scratchy violin These are music students practising!

Indeed they are. It's a good sign that offers no financial support, either." Zanzibar's only music school has been able to remain at its privileged site directly on the beach front, just up the other hotel. But now the school, which has given free education to 1500 students over the years, is struggling for survival.

Long time Zanzibar resident and writer Amanda Lichtenstein, who has started a campaign of crowd funding for the academy, explains why: "For 17 years, the school has preserved, promoted and celebrated Swahili culture. Nearly 100 per cent of the students are on scholarship and can't afford the modest 13 US dollar tuition fee per month. The sounds, and then it dawns on the visitor: school receives donor support but not for operations, and the government



Musical thrill: A wide array of instruments, including a horn section and rare traditional instruments, are being taught at the music academy

Franko Goehse, chairman of the board of directors, says about the role and value of the music school: "Culture way from the Royal Palace Museum is important for the community, it's - not having been replaced by yet an- Zanzibar's unique selling point and sets it apart from other places."

500 international *concerts*, *15,000* visitors per year

The academy needs 70,000 US dollars to cover a gap in funding into 2020. "We are facing a very challenging financial moment," said Alessia Lombardo, managing director of the DCMA. "From now to the next six months, we are not sure that we can guarantee the salaries of 27 teachers and staff."

As Zanzibar's tourism sector grows, over 500 international concerts. "I have the academy preserves the heritage of the so-called dhow region along the shores of the Indian Ocean and the Arab Gulf where dhow sailing boats traded for centuries in the rhythm of the monsoon winds. Zanzibar, Comoros, Oman Kuwait, Iran, U.A.E and India are part of this region. Traditional music styles emanating from here are taarab, kidumbak and ngoma. The music was almost forgotten but now, thanks to the DCMA, the ancient sound can be found all over the internet and on Youtube. "Zanzibar, the birthplace of legendary taarab singers Siti Binti Saad and Bi Kidude, is home to musical genres unique in the world", supporter Goehse adds. The school teaches violin, piano, drums, horns and singing but also traditional instruments such as *qanun* and *oud*.

In a South African music hall, recently, a fascinated audience watched the upand-coming taraab fusion outfit "Siti and the Band" merge these rare instruments with modern sounds.

"DCMA is very active in creating job opportunities", stresses Goehse. Almost a third of the teaching staff are academy graduates. The school organises around 170 paid concerts yearly and co-operates with hotels, restaurants and also with Fumba Town. Franko Goehse, music enthusiast as well as the head of landscaping in Fumba, recalls: "We had musicians from the academy play during our Fumba opening and at the recent visit of chimpanzee researcher Jane Goodall.

Over 15,000 visitors per year pass through the academy's iconic building to enjoy live performances, workshops and classes. Musicians have mastered always been impressed how the acade my has kept running under very challenging circumstances, " says Goehse. But now it does need a little help from its friends.

HOW TO DONATE

- www.zanzibarmusic.org #FollowTheMusic
- crowdfunding campaign For local contributions,
- easily contribute via EzyPesa: +255 777 416 529 (Dhow Countries Music
- Academy)



EXCLUSIVE **THE MIRACLE MUSEUM**

This is how the House of Wonders in Zanzibar could look in the future - a magical place with traditional artefacts in a smart, modern display. The photo shows the National Museum of Oman which houses more than 5,000 precious exhibitis on 4,000 square metres - among them this true-to-scale replica of a badan, a boat similar to a dhow. "Good museums can truly dynamise culture and tourism", says José Maria López-Galiacho, "we stimulate emotions through most innovative technologies." López-Galiacho is production designer of a renowned Spanish company specialised in designing national museums and other cultural treasures all over the world. In Oman, he was supported by no less than the Royal Police who provided pilots and helicopters to shoot aerial views for a film that shows the history of Oman in only twelv minutes. Other attractions are interactive and audio-visual gadgets as well as an original mihrab, a prayer's corner, from the 16th century. The Oman museum opened in 2016. When will the House of Wonders shine in a new light?



VIEWS

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WEI COME NOTE **QUALITY OF LIFE**



oday I woke up with a stunning view of the Indian Ocean. **I** walked through lush greens with smells of herbs and flowers, birds were twittering in the background. I grabbed my first coffee at the kiosk inhaling the peaceful environment around me. Another day in Fumba Town had started.

Having lived in Zanzibar for many years, Fumba Town truly offers an unmatched quality of life I haven't experienced before. I can't imagine living anywhere else since I moved here earlier this year. Clean roads, carefully maintained parks, proper waste management and all-around security which sometimes makes you even

forget to lock your own door It makes us unbelievably happy and proud to see how more and more resi-

dents are moving in, filling the town with dear readers, a wonderful New Year life and giving testimony about this new from the shores of Zanzibar!

Tobias Dietzold Chief Operating Officer of CPS Live Ltd

Zanzibar lifestyle

With our quarterly published THE FUMBA TIMES we want to share this experience with you. Zanzibar is moving rapidly and promoting itself as a top-class destination for visitors and residents. Its diverse history and culture is for sure one of the biggest selling points for Zanzibar

In this issue we bring you a glimpse of this diversity with stories about the famous Dhow Countries Music Academy on page 3, the upcoming "Sauti za Busara" festival and even culinary highlights from one of the best chefs in Zanzibar on page 7. It is an issue full of music as we are entering the festive season and the New Year is upon us.

Our island has much to offer and we hope you'll enjoy immersing yourself in our newest edition. Wishing you,

GUEST COMMENT THE ROOTS OF FUMBA



Heading to Fumba, serenity and quietness suddenly embraces you.

on the south-west coast of Zanzibar the Swahili word *fumbate* which means "few people". Fumba had a very small population hence the name was formed. Today Fumba is becoming famous towns erupting from nowhere, the green city Fumba Town and Fumba "uptown living". Fumba is now almost a suburb of Zanzibar city and Stone Town. It is popular because it is near the airport and a nice array of villas, shops and even schools is already lining the tarmac road

all the way from town. frame of tropical trees; serenity and quietness immediately embrace you.

If we can believe statistics, Fumba is now a prime location where properties grow in value 15 per cent per year. The figures also say, that home units for 300,000 people have to be built here because Zanzibar's population is growing rapidly, from 600,000 in Urban-West today to 1.2 million in the next twelve how I experienced Fumba. I had a wonderful childhood. We lived together with somo, a godmother. She would teach us are the somos nowadays? I remember - until today.

Ri Mariam Hamdani 75, Zanzibar's first female journalist & fine taraab musician. Extracts taken from decalogueofvalues.com

Twas born in Fumba. The peninsula everybody in our neighbourhood were fishermen. It was a typical coastal com-Levas then very different from what munity. We would live off fish and harit is now. The name Fumba stems from vest sea life such as ovsters. The women would mostly collect shells and other intertidal marine resources.

There were the villages Fumba Chaleni and Fumba Bondeni located because there are not only one but two on the southern points of the peninsula. Towards the north-west part you'll still find Dimani Nyamanzi and Ndambani;

on the east part the Bweleo village. And there was culture! Remember, that the great Siti Bin Saad, the grandmother of taraab music, was born in Fumba. Stemming from a simple pottery family she became the first woman to play for Still, if you leave town and head to the sultans! She was sitting at her local Fumba you are greeted by a lush, green well composing hundreds of unforgettable *taraab* melodies and lyrics, sung by the late Bi Kidude and others until today. Those Zanzibari women heroes opened the way for women musicians including myself and my Tausi Women's Taraab Orchestra which has performed in Kenya, Egypt and other places.

Myself, I only took up an instrument with 65 when I learned to play the *qanun*. I was the first woman to do years or so. This is really a far cry from so. And why not? It is not a question of age but of vitality and mindset. I am a 75-year-old woman feeling like a wommy grandmother, my mother and also a an who is 25 years old. I am grateful for everything that has happened to me. what to do and what not to do. Where From my childhood in beautiful Fumba

Together with other prominent Zanzibari voices Bi Mariam Hamandi was interviewed by Polish author Agnieszka Pietruszka for the book "Decalogue of Values" and the website decalogueofvalues.com

The Fumba Times

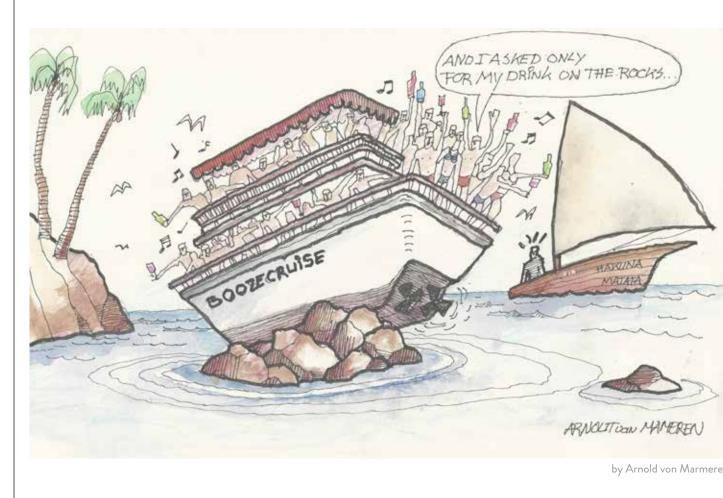
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CARTOON



HIGH SEAS(ON)

OBSERVATIONS OF A WELL-MEANING TOURIST

But... even though I realise that greet-

ing rituals are an integral part of the

Zanzibari culture, it sometimes can be

too much for a foreigner. Feeling some-

what forced to respond to hundreds of

jambos in order not to appear unfriend-

ly I found exhausting. Especially if the

underlying motives - selling tours or

When I refused to react to a man, who

had repeatedly bothered me and didn't

understand that a "No" is a "No" I got

a rude reaction: "We are a communica-

tive society and if you are not ready

for this you better stay in your hotel!"

Friendliness or the offer of friendship

ions almost certainly results in disap-

whatever - were all too evident.

Widely travelled writer CATHARINA AANDERUD fell in love with Zanzibar at first sight but is wondering where the island might be heading – because sometimes there is just too much jambo, she says.

Tt was in February, when the Busara festival turns Stone Town into a Lpulsing vessel of African rhythms, that I visited Zanzibar for the first time and since then I kept asking myself why I hadn't come here long time ago. I have travelled all over the world but Zanzibar fascinated me from the moment I took my first walk through the narrow roads of Stone Town after having enjoyed some spice tea on one of its beautiful lofty rooftops.

The unique Arab-African-colonial architecture suffering badly from humidity reminded me a lot of Havana, but here it came in a more cosy and intimate version. The overall atmosphere of the old town, as created by residents who live their everyday life mostly unimpaired by ever changing groups of tourists, has a striking authenticity. Unlike Cuba I felt Zanzibar has not lost

"A lot of Zanzibar's charm roots in the kindness

A lot if not most of Zanzibar's charm evidently roots in the kindness of its people, their relaxed way of thinking and living, a tolerant "live and let live". attitude. With pole-pole (slowly, slowly) ever present, it contrasts the haraka-haraka attitude in which most of us tourists arrive here, used to a multitasking life in our home countries. The cordial smile accompanying karibu for welcome can indeed be a tension-breaker and conveys a quick feeling of connectedness and this is wonderful.

READERS LETTERS

Dear reader. we at FUMBA TIMES welcome your opinion, story ideas, suggestions and feedback.

Mail us your comments. If published we reserve the right of editing and shortening.

E-mail to: readersletters@fumbatimes.com

vant speakers to Fumba Town - the Editor

the world. The relaxed coexistence of two worlds in Jambiani gives the visitor the chance to experience a different culture in a casual way.

As an ecologically minded European I took great delight in hearing that Zanzibar has banned plastic bags. Still, plastic and garbage everywhere appears to be a real challenge for the island. The worst thing I saw was a whole lake turning into a garbage disposal. Setting up more garbage cans in public, ideally already separating glass, plastic and paper could be helpful.

What is the future of paradise? Having returned to Zanzibar three times driven by purely economic considera- since that February I saw how quickly changes happen. New hotels are



Assessing each other: a young local girl looking at the outside world from behind her mkeka

pointment - on both sides.

When I first saw the fifty shades of blue and green in which the ocean at My wish: May *pole-pole* not turn into Jambiani presents itself my heart made a big leap of joy. Observing its constant changes as they occur due to sun reflection, cloud movement and the tide can be a very meditational experience. Walking along the wide beach with its small hotels and guesthouses I was glad to see that tourism hadn't pushed aside local fishermen and seaweed harvesting women - a process unfortunately happening in many other tourist areas of

MORE JANES PLEASE!

'd like to congratulate you on having brought the famous researcher Jane Goodall to Fumba Town. I had the pleasure of being present that night and listen to her. It was a very touching experience, especially in the surroundings of new Fumba Town.

Are you planning to invite more famous speakers and environmentalist to Zanzibar? That would be most appreciated. I also congratulate the whole team on vour wonderful new newspaper. Mary Uhuru, by e-mail

Dear Mary, we could not agree more and will certainly do our best to get more rele-

on the rise everywhere. The House of Wonders seems to be getting repaired. haraka-haraka too quickly and may Zanzibari people keep their authenticity and warmth - precious and rare attributes in nowadays world.

Counting on luxury or mass tourism can quickly turn a unique place into an arbitrary one, attracting arbitrary people who may not even validate the beauty nor feel the special charm l came to love so quickly.

DR. JENNY'S ADVICE

Dear Edito

we enjoy THE FUMBA TIMES and especially your health column. It is very helpful and we like the way Dr. Jenny is making her point. Often doctors do not take the time to talk and explain matters to their patients leaving them unaware of the consequences of their doing. I'd say: a pill does not always help but understanding does. Thank you, Dr. Jenny! Aisha Saadi, by e-mail

REGARDS FROM PAJE

Thanks to the editor for featuring Paje and the vibrant surfing scene, The Mr Kahawa Team

its "innocence" yet.

of its people"

THE FASHION QUEENS OF ZANZIBAR

Three lady designers making a mark in authentic clothing & accessories



lue explosion: Amina Bila Pira returned to Zanzibar after 20 years in Australia

Sweet Homecoming

Has ner nomenane -her, Amina Bilal Pira won-Zanzibar after twenty-plus successful professional and family years in Ausonly came she back in style in 2018, shows and bridal extravaganzas. She herself

in Zanzibar."

Sitting behind her sewing machine in her shop, the 51-year-old designer says: "I never learnt tailoring in a school but I did observe my mother who was a seamstress and copied her craft meticulously." Hard to believe when you

mina Bilal Pira, Tuntifady: see Amina's sleek refined jump-suits, Has her homeland forgotten dresses and tops and her glamorous evening wear. "I'm having a blue phase dered when she was about to return to since I am back in Zanzibar", tall and striking Amina says with a big smile. "Turquoise like the ocean, blue like tralia. She needn't have worried. Not the sky." Blue blouses with embroidery and light, ankle-length vests to but her warm nature and creative ide- be worn over and with anything (we as were immediately embraced by the are in Zanzibar!) immediately became community. A truly regal homecoming a bestseller. The shop is named after it was and ever since Amina has ren- the initials of her three daughters; she dered glamour and soul to many stylish also has a grown-up son. Her Afriactivities, from food festivals to fashion can designs were also "very much in demand in Brisbane within the Afro was lucky to find a tiny but central shop community", Pira says, calling her opposite the entrance of "Taperia" on collection "free-style tailoring" for Gizenga Street to instantly re-establish all sizes and tastes. Does she miss anything since her homecoming? "Only Few know that she is an actress, too, my husband", she replies - but Shane, and has starred in "Pirates of the Car- a marine engineer whom she met in ribean" with Johnny Depp. "The movie Zanzibar in the nineties when he was world in Brisbane was always looking delivering the ferry "Flying Horse" to for multicultural, exotic extras", she the island, is bound to follow his wife says, "now I'd want to do more movies soon. Golden retirement days in Zanzibar are lying ahead of both of them.

Tuntifady Gizenga Street

(opp. Taperia), Stone Town Ph. +255 692 22 99 39 fb Amina Bilal Pira

Playing in the big league

oreen Mashika, DW: A lady like Mashika knows she'd better be close to a prominent hotel to get a steady flow of affluent walk-in customers. First situated near Emerson on Hurumzi, an elegant boutique hotel in Stone Town, Doreen Mashika has meanwhile shifted opposite the Park Hyatt, to a superb location near the sea. Breezy and light is the feeling when you enter Mashika's boutique which simply uses her initials DW as the shop's name. Breezy AND sophisticated, one might add. The young designer and mother of two has already been featured in Vogue and is arguably the most classic and advanced female fashion designer of Zanzibar – yet very approachable, often serving customers herself. "I love contact with my clients", Doreen Mashika says and shows her latest creation , a "Kanga shopping bag", made of "noble Kangas", as she puts it, the traditional Swahili cotton wrap-around. "Kangas were loosing their valuable appreciation in society", she ex-

plains, "my brand has brought them back and we are definitely not getting bored of it." There's also a wonderful collection of hand-made fashion jewellery on display, of rings and necklaces with bones and semi-precious stones; T-shirts with artful Maasai photo prints in black and white; loose shirtdresses with bold jungle motives and last but not least her very own sleek, cutting-edge design dresses, some with lace, resembling a long forgotten Jackie-Kennedy-style.

Doreen Mashika was born and raised in Tanzania, studied and worked for 17 years in Switzerland until she came home with a degree in business adminstration considering herself "part of a growing homeward bound African diaspora". She says: "In Switzerland I gained a wealth of experience in the business of luxury goods." - "Discipline is the secret weapon to my brand's success", the designer adds with a smile, "but I couldn't juggle designing

and kids without my supportive husband." As for unwinding, DW finds solace in the green of her garden enjoying family time with her children "Staying at home is true luxury to me" she says.

> Luxury queen: Doreen Mashika

82 Shangani Street Stone Town, Zanzibar Ph. +255 783 084 383 fb doreenmashika. doreenmashika.com



Italian nomad: Francesca Scalfari (below in circle) celebrates African style

Ciao, bella Africa!

Trancesca Scalfari, The Wonders Boutique: Such a wonder-L land of fashion and accessories Francesca Scalfari has created in her concept store in Stone Town that an international fashion blogger on holiday in Zanzibar enthusiastically wrote about it: "I smell a good shop when I see one, and this is it." At Wonders, tourists find amazing African designs by more than 50 East African women groups and suppliers such a Chako (handmade, recycled glass-jars), Mama ed by Scalfari at the London fashion week 2014), jewellery maker Lizzy Bizzy from Nairobi and many more.

The difference, however, to your usual craft-inspired shop is, that Italian born Scalfari personalises her collections giving them a unique high-fashion twist. Under her guidance a typically red-coloured and rather heavy Masaai design for instance mutates into a pair of light-weight culottes with a blouse. With her Italian temperament, an inborn style-consciousness and Milan laisser-faire she moulds "ethically sourced, 100% African products" into trend fashion. "Zanzibar inspires me in many ways", Scalfari says. "Customers love the passion behind each detail",

LOCAL HEROES RICH OR POOR, FAMOUS OR UNKNOWN - THE FACES OF ZANZIBAR

BABU'S SPIRIT LIVING ON

Most tourists may know nothing or little of a man called Emerson Skeens, simply babu to his friends, while eyewitnesses of his life are everywhere - in music, art and tourism.

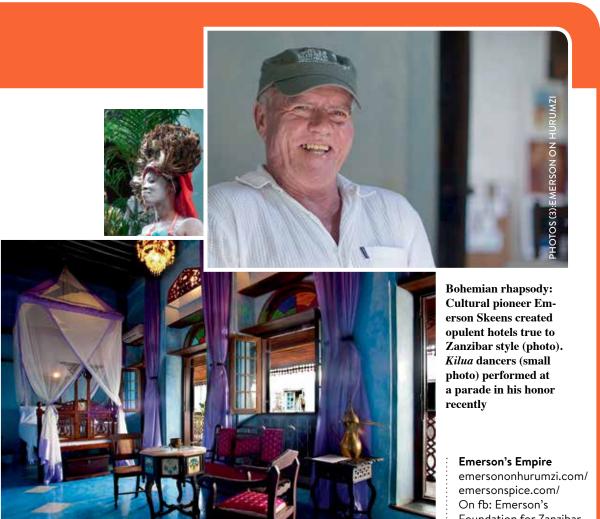
Zanzibar, a cultural pioneer L in many ways, died on 31 May, 2014 at the age of 65; this

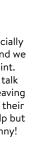
soon as he got to the island in 1989 "he had found his place on earth, his niche, his calling and finally a place he could call kwetu, or home", recalled his obituary. "Zanzibar and me discovered capitalism together", Emerson used to say during interviews. Indeed did he open the very first boutique hotel in town in Dhow Countries Music Academy, the the early 1990's and placed Zanzibar on Stone Town conservation society and the map, when the US Times Magazine Zanzibar's first women co-operative, enthused about his oriental roof top reshe long time resident of taurant, still operating at Emerson on Foundation and his two hotels Emer-Hurumzi Hotel: "A magic place."

Emerson was a devoted believer in are kept thriving by dedicated staff and intellectual debate and classical music, more than 50 shareholders from all the year, Zanzibar commemorated the especially Italian opera. A vivid art lov-5th anniversary of his passing with er, he collected Swahili furniture and Len Helen Horlin and long time coma burlesque parade in town, very authentically turned historic buildings panions Helen Peeks, fashion designer much Emerson-style. Born in Vir- into flamboyant hotels. He knew every Farouk, Said el-Gheity of Salme Museginia, USA, the declared opponent politician and artist on the island, but um, Rashid, Ali, Obama, Lisenka, Katia of the Vietnam war had worked as a also every carpenter, shoemaker and counsellor for troubled young peo- sheikh in his district Sokomuhogo - vowed to cherish the precious memory ple in New York when he was sent creating jobs for many. He spoke pol- of a man beloved in his adopted country.

to Zanzibar by the Catholic church. As ished Swahili with an American accent, and when he lost his temper once in a while one could hear his deep baritone scolding all over Stone Town. Passionate Emerson truly found his alter ego in sensual Zanzibar

> He is survived by major cultural institutions he co-founded such as the the Sasik cushion makers. Emerson's son on Hurumzi and Emerson Spice world under the guidance of director and many more – all of them having







she holds. "I cater to the unconvention al traveller who desires not only souvenirs but lasting memories." Her own story is memorable: She

first came to Zanzibar as an Italian travel guide in 2002, fell in love with the island and her future husband, English-born Simon C. Wood. "Moving south was my destiny", she reflects with a smile, "I was born a nomad." Together the couple founded "FrasiAfrica". Zanzibar's first screen printing manufacturer which up to now pro-Masai and Schwari designs (showcast- duces their hugely popular line of Tee-Shirts – loved even by the Italian tional soccer team. At Jambiani beach where the couple got married in 2009. they run another enterprise, the barefoot luxury boutique hotel "Sharazad". "We just love our beach-style life".

Francesca says, "and our son Luca knows no other home than Zanzibar." For customers it's clear: You never leave "Wonders" without at least one item you absolutely can't live without.

The Wonders Boutique Gizenga St. (opp. Javed Jafferji's Hotel), Stone Town, Zanzibar, Ph. +255 777 427502, www.frasiafrica.com, fb frasiafrica, www.sharazadboutiquehotel.com

Foundation for Zanzibar

HOW TO START A GARDEN

Compost workshops turn even couch potatoes into earth lovers



Working together to create fertile soil for lush green gardens and environmentally friendly farming

The teacher is barefoot. Moritz Bielesch, a permaculture specialist, has brought his laptop to the jungle.

Tust off the road to Fumba, in a green garden, the teacher looks at J his group of students in front of him. We are about twenty or so, Harifa, Imat, Juan from Argentia and Aino Permaculture from Finland, agriculture students from a "whole holistic Zanzibar, housewives, entrepreneurs, a doctor from Kenya and myself, a journalist. Our interests vary but we all have one thing in common: We want to know the basics of gardening. Or farming.

"It all starts with soil", says Moritz, the barefoot teacher, right on queue. "Soil is the very foundation of life. The surface of the earth." One cubic metre of soil contains two billion organisms (and not only that one lousy earthworm. you are afraid to touch). "We are all looking for new ways to connect with nature". Moritz continues. The class nods in agreement. Some (like me) want to get their own garden in shape mine, about 20 square metre in a shady backyard of Stone Town resembling nore a maltreated tootball ground than a households' blossoming delight. Aino desires "to be more sustainable". The Kenyan confesses she is "into vegetarian food" and wants to plant organic veggies. "Get soil life back into your soil", Moritz outlines the objective of

his one-day compost workshop. The good news: It can be done. Even fast. It takes only 18 to 40 days, just over a month, to create your own, handmade fresh and fertile soil from

----- ADVERTISEMENT

ordinary garden and food leftovers. And soil is where your garden starts. "You need a plan", Moritz specifies, "randomly nothing will happen, you'd eventually require a planting or gardening design." Then again, it all starts with soil. Even Fumba Town, the entire the earth, so will your organic trash. new settlement located on rugged coral soil

Where to start? A green classroom under trees lifestyle" explains

the teacher, "an adaptable solution", Lesson No. 3: Once you have made different in Birmingham than in Zanzibar. Our classroom under trees, with a leaf cover so dense that hardly any sun penetrates, has some of us sitting on a *mkeka*, others on chairs; for lunch we'll have a three-course vegan country lunch freshly prepared by the institute,

PERMACULTURE N ACTION

nce its founding in 2015, the concept of the Practical Permaculture stitute of Zanzibar (PPIZ) has been that fee-paving students sponsor income students. More than 350 tudents have successfully passed vorkshops and training courses; nost Fumba Town gardeners stem rom the institute. aura Maier, 30, who has a Master's n Global Change Management eads the institute. Check the webite and social media for dates and information – and become a holistic

www.permaculture-eastafrica.com

that some say is their main reason for booking the workshop.

Lesson No.1: Starting a garden "all you need are two inches of topsoil", says Moritz. Making compost is imitating nature. Just as falling leaves nourish Lesson No. 2: Test your soil! Is it alrocks on the Fumba Peninsula, is rooted kaline, acidic, sandy or clay. Use a jar, literally on a thick layer of hand-made put soil in it and shake it, it should be

medium-porous. Or squeeze the soil in your fist to literally get a grasp

to dig it in, just add a top layer. But: Prepare your land. Garden swales are a very good preparation. Lesson No. 4: Cover your soil with mulch. Plant plants with long roots such ways come back for another workshop?

earth from compost, you don't have

as papaya to loosen up your ground.



Our class at the compost workshop was a perfectly gender-balanced class, 50 per cent women, 50 per cent men

And now, the main lesson: How to start your compost? Use two-thirds dry materials such as dry leaves, paper, cardboard and one-third of nitrogen such as food, leaves, manure. Collect it in drums or buckets until you have enough. Then build-up your compost layers at once. The only disadvantage: The compost heap has to be of considerable size (ideally at least 1x1x1 metre) to develop the necessary heat. Water your compost from time to time. General rule: If it stinks, turn it. But otherwise let nature run its course turnng your waste into finest loose soil.

"Any more questions?" asks teacher Moritz: "Google it!" Some of us buy "worm buckets" to start a mini-compost. We probably have not understood every detail but our trust in nature has been re-established. And can't we al-



how did you get to Zanzibar? He came here on a kite surfing holthe place and called me: "Mum, I think there is a very interesting project for you. You should buy a house My son, my daughter and my grand-

And you just followed your son? Well, he knows me very well. So I fully trusted his advice.

Now, not even two years later, you two-bedroom-house. Is everything the way you hoped for? It's a big change from UK, that's for sure. So far I love it. It is a comfortable, warm and quiet place. I am fident it will be the right restin place for me.

The house is beautifully furnished but you still have builders in the

Well, well, you notice the right

Jane Nhamburo: "My family



AFRICA'S FIRST RESIDENTIAL RESORT TOWN NAIROBI, KENY

Mixed-use developments are garnering a wave of demand in Kenya and premiums in price and rentals of up to 40% as they meet a strong need for integrated living.

Enaki will be Africa's first residential resort on 22 acres hosting its crown jewel, the sensoria botanical garden on 6 acres. A collection of residences with everything from studio apartments to exclusive family sized penthouses is decked with a multitude of amenities and is a walking distance from Enaki,s bespoke Town Square hosting an array of world class shopping, leisure and convenience.

Location Enaki is situated minutes from Gigiri in neighboring prestigious Nyari. Nairobi's international zone is solidifying with the expansion of the UN and an influx of embassies and NGOs to the Gigiri area, now the most prominent neighborhood in the country.

Construction has commenced on this iconic town development, with just two years to completion while a display show house is viewable on site 7 days a week so that you can get your first taste of the splendors of Enaki.

> Pricing Limited collection of Studio Residences from USD 79,000 1,2,3 and 4-bed Residences from USD 103,000

> > WWW.ENAKI.TOWN

INSIDE FUMBATOWN TRUE STORIES OF NEW RESIDENTS



"I WANT TO RETIRE HERE IN PEACE"

Jane Nhamburo was a

nurse in London and is looking forward to a joyful retirement in Fumba Town

Originally from Zimbabwe, you I wouldn't call it complaints but worked all your life in London, Yes, that's a funny story. It was actually my 28-year-old son who chose future? Zanzibar and Fumba Town for me. I want to retire here, but still occupy iday, immediately fell in love with

in Fumba Town."

are here and have moved into your

kitchen...

thing! The connections for the dish washer and the washing machine were missing. I did not actual-

coming to visit for X-mas"

ly ask for them because when you are told Fumba represents 'modern living', as all the ads say, then you assume all modern connections will be there, don't you? In any case it's

Any other complaints? constructive criticism!

now being fixed.

What are your plans for the

myself with some work or business. Maybe I start a housekeeping agency. Many home owners need maids. Right now I am planning for X-mas. daughter Ramiah will come to visit. This will be our first Christmas in Fumba. I am looking forward to it.



HASSCONSULT REAL ESTATE



DELICIOUS NEW YEAR

Master recipes by Chef Alan for the little hunger in between - bon appetite!

Whether as a starter or dessert for your festive Christmas menu, for a friends brunch on New Year's day or just as your new favourite tropical snack in between: Award winning Chef Alan from Zanzibar has created this special treat for FUMBA TIMES readers.

T is name is Mayaven Alankalee but to friends and clients he is simply known as Chef Alan. One of the best executive chefs on the island Chef Alan is cherished for refined but light culinary extravaganzas by a growing fan community and guests of several five-star hotels. Yet, Alan is easy going.

Ever ready to pose for a nice selfie, a freshly caught tuna big as a shark in his arms; always approachable for a relaxed brunch with friends. When we grant us a recipe for our festive issue Chef Alan did not hesitate for one minute. "Of course I will", he said and just minutes later started sending precise Whatsapps with infor-

mation. 35 years old, Chef Alan has been living in Zanzibar for the last eleven vears He has worked for three top hotels, The Zanzibar Collection.



at FUMBA TIMES asked him if he'd Go Japanese on Christmas with fresh tuna from your trusted fishhawker

4 portions

Doubletree by Hilton and is currentworking for the Melia Zanzibar. "I am in charge of the entire food production in the hotel with six restaurants, a team of 65 chefs and 18 stewards", he explains. He is one of the co-founders of Zanzibar Gourmet which promotes Zanzibar as a top food destination. "I especially want to advertise local spices and ingredients", he says, "Zanzibar has such a rich food heritage."

Born in Mauritius - Zanzibar's luxurious sister island in the Indian Ocean - Chef Alan looks back on 17 years of cooking and hospitality experience for major resorts and cruise ships alike. Zanzibar's new Tourism Show crowned him in 2018 as "Best Chef of Zanzibar" and the Melia Hotel as best conference hotel. "This is a great honour for me", Alan said when he received the award from no less than Hon. President Dr. Ali Mohamed Shein. In Zanzibar Alan lives with wife Reynita Alankalee from

Mauritius who joined him ten years ago. The couple's favourite pastime: "Zanzibar beaches.

There's "not a lauritian and Zanzibar cooking", Alan says, "both use similar spices and a wide range of seafood."

Not a shark but a tuna ins his hand: Chef Alan prepares for a fresh Zanzibari gourmet meal

SEARED TUNA WITH CONFIT

For the tuna: Yellow fin Tuna filet 400gm Sov Sauce 2tbsp Honey Itsp

Garlic 1 clove Lemon juice 1 tsp on juice 1 tbsp sugar 20g

For the Vegetables Confit: n capsicum 30gr

Cut tuna filet into cuts of 3inch by 9inch. put aside. Make marinade by mixing soy, honey, garlic chopped and lemon juice. Place the tuna in the marinade for 30 mins. Remove from marinade, roll on chopped parsley and sear all 4 sides on a hot nonsticky-pan for 2 seconds each side

7 For the Thai dressing mix all ingredibig difference between *L* ents in a jar or in a mixing bowl with a whisk wire and reserve in the fridge. can stay one week in the fridge

> **7** For the vegetable confit cut the vege-**5** tables in brunoise (=finely diced) put in a bowl, add chopped garlic, julienne of

Plating: Cut 1 seared Tuna into half, place on the plate , drizzle 1 tablespoon of Thai dressing ,spread vegetables confits around and some micro green, serve with some fresh rve bread or baguette



Mango mousse and her best friends

MANGO MOUSSE SURPRISE WITH CRYSTALIZED MANGO 6 portions

Ingredients: cup mango purée 1 tsp lime juice 1/2 cup sugar 2 tsp gelatin 2 eggs white 1 cup of whipped cream Vanilla sponge or Crushed cookies Fresh mint

For the mango mousse create purée by cutting and squashing ripe mango pieces by fork or in a mixer. Take mango purée in a bowl. Add in lime juice, dissolve gelatin in hot water. Add in gelatin and mix Beat egg white in a separate bowl until fluffy and keep aside. Beat fresh cream in another bowl and keep aside. Add in sugar to the bowl of mango purée and beat. Add the beaten egg white and whipped cream, blend everything together. On a tray place a vanilla sponge (or crushed cookies), pour on the mango mousse cream, spread evenly and refrigerate for 1-2 hours

To crystalize mango cut very thin *mango slices*. *Place a baking paper* on a tray, arrange the mango slices, dust with icing sugar and let dry in the oven at 100 degrees for about 1 hr

9 *Plating: Cut a piece of the mango inclusion of the second secon* mango and a fresh mint (for the more ambitious: add 1 pc mango macaron, some mango compote, crushed macaroon shells, mango ice cream)

ADDING SPARKLE TO THE FESTIVE SEASON

What to drink on a special day? The No 1 wine seller of Zanzibar shares his best recommendations with us

en years old and already a wine of the industry to our clients." expert - "Zanzibar Maritime Her diverse portfolio includes and Mercantile International" many South African brands such (better known as simply ZMMI) has as the prestigious winemakers Ken been the Number 1 beverage supplier Forrester and Nadia Barnard of Wain Zanzibar for a decade. There are a terkloof Wines, South Africa's first few other outlets where to buy wine on the island but it is the shop on Airport Road in Migombani where most wine and spirit lovers find the widest quality selection, expert professional service and advice. ZMMI is partnering with MMI Dubai, the biggest bev- "6 Degrees South" recently enjoyed erage supplier in the UAE, "making it the evening while at the same time possible for us to supply world-class gaining some knowledge about wine brands to Zanzibar" explains manag- making. And if alcohol-free is what ing director Stephi Said. "We strive to



The great sparkling Ken Forrester Sparklehorse The perfect bubbly to add a sparkle

Cap Classique made by "Mr Chenin", puts a spin on the tradional champagne-style sparkling by using Chenin Blanc grapes, South Africa's unofficial national grape. Flavours of crisp green apple meet a smooth quince-like acidity, ring a creamy texture. Perfect with seafood, lobster and turkey



cohol? This South African bubbly is made from Muscadel grapes, making it a fruity, sweet sparkling perfect for celebrations or paired with dessert, fruit or as an aperitit Favor something more dry? Well, it is almost impossible to find a non-alcoholic dry sparkling. Make the best of it: For a true Zanzibari experience, stay alcohol-free and stay sweet!

ZMMI

Airport Road, Migombani open Mon-Sat 09:00 - 20:00, Sun 10:00 - 17:00 www.zmmi.net; Ph. +255 (0)77 699 ZMMI, +255 (0)24 2231741

ASK DR. JENNY BOURAIMA READER'S QUESTIONS ANSWERED BY OUR OWN MEDICAL EXPERT

SMALL WOUNDS, **BIG TROUBLE?**

Annette T. 37. Zanzibar resident from Sweden

moved to Zanzibar with my husband and three children between the age of four and 14 years almost one year ago and I am still trying to adjust to the new environment and tropical because we all had little wounds answer.

which took a long, long time to heal. I slipped recently and bruised my knee, and it got infected. It seems small injuries don't heal that well here as in my home country Sweden. Could you give me some general rule of what to do best? What sort of disinfection should I use on small wounds? conditions. Having three children Use a plaster or leave it open? How there is always one or the other about showering and swimming? problem; they injure themselves Some say that salt water is a natural often when they play inside or disinfectant? Is that correct? What outside. I am not quite sure if I creams or medicines should I have in give the best First Aid to them my First Aid kit? Thankful for your fection. The same can be done with

Dr. Jenny Bouraima answers:

Dear Annette, as you observed already yourself, superficial wounds can heal quite differently in Zanzibar to what you are used to from your European home country. One main reason is the tropical climate - hot and humid, especially during rainy seasons. The humidity has an effect on the natural barrier function our skin, leaving it more vulnerable. As a result, skin infections tend to occur more often during rainy

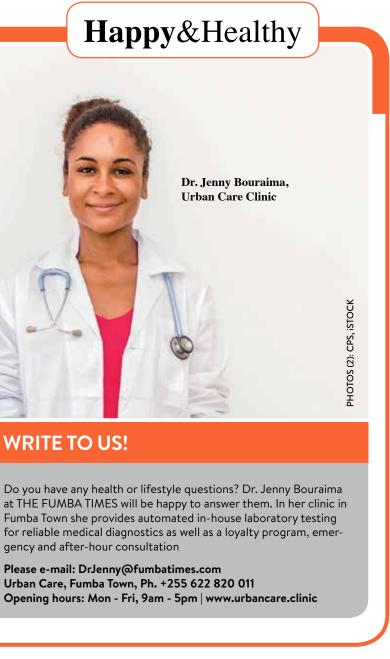
a general rule, after injuring, the wound should be thoroughly cleaned with bottled water and iodine solu- tion Leaving a wound open can promote healing, however if the wound is closer to the feet where it can get dirty easily, covering it up would be advised. Iodine as an antiseptic agent should be applied repeatedly to prevent in-Aloe Vera extract, which can promote

wound healing due to its antiseptic, an ti-inflammatory and analgesic agents. If small wounds get in contact with water for a short time, it usually is not a problem; you should avoid extended soaking in water like long periods of swimming (especially in swimming pools) or a full bath. In case you see signs of infections - redness, swelling. increasing pain or even pus - usually an antibiotic ointment which

> you can get at any pharmacy over the counter is advised. In case the infection does not resolve after maximum two days a visit to the doctor is strongly recommended. You should also have a doc tor take care of a wound, that is not only superficial and

small Additionally, the tetanus vaccination status of the person with the skin injury - especially if it got dirty - should be checked. In case the last vaccination was more than five years ago, the doctor might decide to give a booster

I am wishing you all the best in your new home on this beautiful island!



gency and after-hour consultation

o f

season, wounds take longer to heal and get infected faster. Therefore, special care is needed.

basil, olive oil and seasoning

For the Thai dressing: Thai red curry paste 1 t Fish sauce 1 tbsp Soy sauce 1 tbsp Olive oil 1tbs Red capsicum 30gm Yellow capsicum 30gn Onion 30 gm Garlic 1 clove Olive oil 2 thsp





fully biodynamic winery.

The Zanzibar wine and spirit sup plier offers free delivery and pre-order services, wine and cocktail courses and more. Customers joining a typical wine tasting at the popular restaurant somebody is looking for, there's a bring the knowledge and the passion non-alcoholic bubbly, too!



Dry, crispy white Kapuka Sauvignon Blanc

New Zealand Sauvignon Bland is all the rage right now, with its well-balanced acidity, full, fruity flavours and a dry, crisp finish. This Sauvignon Blanc epitomizes all that is New Zealand, from floral aromas to gooseberry and green bell pepper flavours. It's perfect for days on the beach, paired with light meals, or joying the sunset. This wine will be your new favourite!



Rich and red: Waterkloof Circumstance Cabernet Franc

This Cabernet Franc is a rich Iry red wine, with aromas of red fruits, green spices and some subtle earthy notes. It is produced by f Waterkloof Wines who uses dynamic practices with minima nvironmental impact. It is the only 100% Cabernet Franc available in Zanzibar, the ideal pairing to turkey, chicken or beef.

MY WORLD



Idyllic scenery: Magoroto lake was man-made in the 50s, and just recently opened for public use

HIGH UP IN USAMBARA

Two special trips for hiking or simply relaxing in a cool environment

Hidden gem is an over-used phrase, but it really fits well when talking about Usambara mountains. Our contributor AINO TAHUA found it just the right, cool getaway during the hot season.

r ituated just between the northern parks and the coastal beaches of mainland Tanzania, Usambara still does not receive many visitors. One reason is the infrastructure - it still takes quite some driving to reach the villages high up. Another reason might be that the region is still unknown to many.

I would say that there are three main attractions in Usambara: views, nature and climate. The cool weather - a good ten degrees all year around than in Zanzibar - also brought

The Usambara Veilchen, discovered

by Germans on the mountains

the Germans here in the late 19th century, and the heritage is still very visible, especially in the architecture. The Germans fell so much in love with the place that they even named a little flower after the area, the Usambaraveilchen or African violet (Saintpaulia ionantha)

Lushoto is maybe more of a stop-over place than a destination itself. Take a tour to the coffee farms in the area to see how Tanzanian coffee is produced from beginning to end. We only have coffee from Usambara at home now, it's delicious! And keep your eyes open, as the area is full of chameleons.

Go West: Adventurers' choice

To explore the West Usambara takes quite a lot of time. It's not an ideal place to drive around, so if you have the time and are feeling up for it, I would recommend hiking or biking. This can vary from short walks to nearly a week-long trip. If you cannot do that, find a driver to take you around. Our destination was the village of Mambo, on the northern end of the mountain rage. It's 2,000 metres above sea level, so on a cloudy day you can actually see the clouds beneath



Mountain sites are full of narrow paths, used by locals to reach their farms down in the valleys

starting (or ending) point for hikes. In the evening, they will have a fire for vou to sit around and make new friends.

Go East: A weekend getaway.

USAMBARA FACTS

Not everything in Usambara is hard to reach. The eastern mountains are just a few hours from Zanzibar. A flight to Tanga takes half an hour at its shortest, and then you'll drive another hour by

How to get there:

continue with a taxi. Auric Air

From Zanziba fly to Tanga and



LOOKED AFTER ADD-ONS: Breakfast included! Restaurant, shopping &

> cooking service **FACILITIES:** Spacious, modern

private villas

LOCATION: Right on the beach, hearing the waves at night

THE BOTTOM LINE: Private but in good hands!

magine a loft-like master bedroom with a morning and an evening terrace overlooking the Indian Ocean. Imagine enough en-suite bedrooms for kids and friends to keep any quarrelling and boisterousness at bay. A sand-free in-door environment, although you are right by the sea, thanks to a most friendly and efficient daily cleaning service. Imagine your own private pool (to be shared with your neighbour villa) usable day and night. A chef-to-hire who sets up a romantic barbecue in your garden! This is how a holiday unfolds at the partly solar-powered Jambiani Villas at Zanzibar's southeast coast, one hour drive from the airport, surrounded by 23 kilometres of white sandy beach, turquoise sea, local fishing villag-

es and surf stations. Jambiani Villas first opened in 2015 and consists of three individual properties with two-bedroom and three-bedroom-villas plus some cosy apartments, all in walking distance. The Polish owners run the place immaculately and have more houses and apartments already in planning. The resort's website clearly explains the three different properties. Although you are in a private villa, there's a reception, a bar and a restaurant "La Shira".

I stayed at the "Kusini" property with my entire family, my husband, my son, his wife and their two children, aged eight and one, my daughter in her twenties

for each of us to find his or her own space - and East Coast music clubs close enough for our teenagers to escape at night. At 6 pm the sun still shone on the pool and the upper-bedroom's balcony. In the morning we walked

300 metres along the beach to have a delicious breakfast with eggs, avocado mousse, cereals, fruit salads and café latte in the mid-property, getting a first suntan on the way. The baby was sitting in his own baby pool from morning to evening. The eightyear-old tested stand-up paddling, my husband cooked and when the holiday was over nobody wanted to leave.

Andrea Tapper



you. But then on a clear day, you will see all the way to Kilimanjaro.

Moving through Usambara, the terraced farms and decorated houses will surely catch vour atten-This tion. place has a unique, serene feeling that I have not

experienced anywhere else in Tanzania. Not many cars are around, and many of those I saw were trucks, taking vegetables to be sold in

Dar es Salaam. We stayed at Mambo View Point, built right on top of a mountain peak. The cottages have the most amazing view, and just that is worth the trouble of getting there. The lodge is a great

car. Perfect for a weekend holiday. There are a few places to stay in Eastern Usambara, all in the middle of amazing nature. The main activities would be hiking and swimming. The

Hiking to waterfalls, swimming and sitting by the fire

views are beautiful here as well, and you can also hike to waterfalls. These are not very demanding hikes, so almost anyone can do it.

If you have been on Instagram lately, browsing through travel pics from Tanzania, you have probably seen a calm green lake with row boats and floaties almost resembling an Asian landscape. That's Magoroto Estate, a magical and ecological campsite 1,000 metres up the mountains.

and Coastal Air fly the route. Lushoto can also be reached by bus from Tanga, Dar es Salaam and Arusha.

Where to stay:

Mambo View Point combines breath-taking views with comfortable accommodation. Prices vary from dorms at 13 USD to luxury villas for a few hundred USD. www.mamboviewpoint.org Lawns Hotel in Lushoto is a great starting point for adventures. www.lawnshotel.com Magoroto Estate offers camping and rooms in a beautiful setting. Prices from 150,000 TZS full board, with activities. www.magoroto.com

How to get around:

Walking and biking, book with a licensed tour company or through your hotel. There is not much public transportation, but you can find a private hire.

Aino Tanhua is a writer from Finland who first came to Tanzania in 2009

and her boyfriend. That made us six adults and two kids, aka eight different ideas of what to do and when to do it. And everybody was perfectly happy! The villas are nestled in a lovely landscaped garden (designed and created by Fumba Town Service Centre). Stylishly furnished with coconut beds and Zanzibar nilu cement

floors, our villa was big enough

Well-equipped: SUP boards & deck chairs at the pool. Spacious bedrooms with mosquito netting

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WHEN LIFE IS A BEACH

Zanzibar festival a true cultural melting pot



Young maasai at the beach festival seem to be natural high jumpers - with all their dancing expertise, and others join the fun

aasai trying high jump. A red catwalk on the beach. A wellstocked beach bar. Volleyball, ngalawa boats turning into racing canoes, gourmet cooking and top bands. All this and more is the Zanzibar Beach and Watersports Festival, celebrated for the ninth time this year.

Of all the Zanzibar festivals and activities (see our timeline on p. 2) beach entertainment is probably the most fitting. Blessed with endless white beaches and turquoise waters, Zanzibar has the perfect natural backdrop for a beach festival. The non-profit event, a brainchild of Mark Dieler and friends of Red Monkey Lodge, is a true cultural melting pot of all communities living by and of the sea - supported by hotels, individuals and

village groups. Equally popular all year around are the 'Crazy Mondays' at the Red Monkey Lodge with a typical crowd of tourists, expats and local residents. Top talents from the region and special guests jam together: Joss Stone, Oliver 'Tuku' Mtukudzi and Eric Wainaina just to name a few joined DJs such as Philippe Cohen Solal (Gotan Project) & Richard Dorfmeister (K&D/Tosca).

Watersports Festival,

6-9 December, 2019, Jambiani Mfumbwi. Daily from 10 am to late. Entry free. www.zanzibarfestival.weebly.com/

Crazy Monday Jam Session, every Monday at Red Monkey Lodge, from 9pm till midnight.

