FROM ZANZIBAR TO THE WORLD - THINK GLOBAL, ACT LOCAL

December 2023 - February 2024 - www.fumba.town

International Edition 18

ISSN: 2683-6572 / Complimentary edition

SOLAR ENERGY ENTERING THE GREEN AGE

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DEAR READERS,

the holiday season is here again: a time to reflect and a time to rejoice. High season, festive events, lovely markets. Zanzibar's unique beaches full of holiday makers, all enjoying the island to the fullest. We'd like to wish all of you who celebrate it, a joyful Christmas and everybody a wonderful and fulfilled New Year!

UPGRADE FOR PEMBA

As part of a \$428 million uplift package co-financed by the UK, Zanzibar's sister island Pemba will get an international airport. Currently 45,000 passengers fly into Pemba yearly, more than 110,000 tourists visit the island. Upon completion, expected by 2026, Pemba airport could accommodate 750,000 passengers per year, it was announced. The present airport was built in 1962.









THE GOLDEN VISA IS HERE

A milestone

to open-up

Zanzibar

Buy a home and become a resident - Starting with an investment of \$100,000

By Andrea Tapper

Foreigners buying property in Zanzibar and Tanzania now qualify for residence permits under certain conditions. The new law has been eagerly awaited.

Turkey and Dubai have it.
Portugal and Spain attract
long-term residents with it.
And now, Zanzibar (and Tanzania
as a whole) also grant it: a residence
permit for foreigners who invest and
settle in the country by buying a home

The new law – also known as "Golden Visa" – is meant to encourage more foreign private investment and to make life for property buyers easier. "It guarentees unlimited access to the property you have invested in", said Mudrick R. Soraga, Minister of Investment in Zanzibar, addressing home owners. Applications can be handed in with immediate effect.

Especially on the holiday island, hundreds of recent homebuyers have been eagerly expecting the new visa which will enable them to stay in their property without leaving every

three months to renew their tourist visa. Likewise, people who rent out their properties, can visit the island frequently to look after their affairs without applying for tourist visas all the time.

"This is a milestone for Zanzibar in opening up to the world", said Sebastian Dietzold, CEO of developer CPS, who has sold more than 1,500 homes on the island. Buyers come from over 60 countries.

"The new law paves the way to apply for a residence permit from now on", assured Mnister Soraga, while online

procedures "are being worked out". The handling body in Zanzibar is ZIPA, short for "Zanzibar Investment Promotion Authority", a governmental one-stop agency within the Ministry of Labour, Economy and Investment. It endorses all legal investments on the island. This includes property purchases for private residential use and leases for hotels.

Only under certain conditions are foreigners allowed to buy property in Zanzibar. With the new residence visa "investment and immigration laws have been harmonised", explained CPS lawyer Mohamed Yusuph. The

three months to renew their tourist investor is called "Buyer of real investors the same way. Turkey, for holiday retreat on the east coast visa. Likewise, people who rent out estate" under the new law.

instance, grants citizenship with in Paje was the first residential

It was in the making since 2021, and finally gazetted in June 2023. Benefits include significant tax incentives such as 50% less tax on gains when reselling, and attractive residents' tariffs with airlines, ferries and events in Zanzibar."We want to make investors more comfortable", said minister Soraga who initiated the

new law in Zanzibar, preparing the way for its extension to all of Tanzania.

Who gets the new visa?

The new residence permit – a so-called Class C visa - is valid for two years and costs \$500, \$250 for East Africans and the diaspora.

■ In Zanzibar it is valid for all home purchases above \$100,000 endorsed by ZIPA. It includes the investor, his or her spouse and up to four children under the age of 18. Family members pay \$50 each.

The visa has to be renewed every two years as long as the investor owns the property. It does not replace a work visa. When the property is sold, the stay permit is revoked.

Not all countries handle foreign

investors the same way. Turkey, for instance, grants citizenship with an investment above \$250,000. In Portugal buyers have to spend at least €280,000; they can only sell after five years but remain residents. Dubai and the UAE demand one visit every six months.

It is estimated that in Fumba Town alone at least hundred homeowners are eligible to apply for residence status. The sprawling residential seaside development is situated on the Fumba peninsula near the capital. A similar number of residents-to-be is expected to come from condominiums. The Soul

holiday retreat on the east coast in Paje was the first residential project under the condominium act in 2020. Today, 21 condominium estates have been registered.

German developer CPS is presently selling a second wave of about 400 holiday and residential homes in Fumba. New house types include one-bedroom Skylofts on the 5th and 7th floor, new 'Moyoni Bay' rowhouse apartments with a common pool and The Soul holiday apartments with ocean views. The latter can be bought with monthly instalments starting at around \$1,270.

INTOWN

BIG BOYS



No sooner had Zanzibar announced an unprecedented investment boom, when British actor Idris Elba (photo) and Ex-NBA basketball superstar Charles Smith came knocking.

20 hectares of land have already been assigned to the US National Basketball Association (NBA) for a large stadium, disclosed Director Shariff A. Shariff of the Zanzibar Investment Promotion Authority (ZIPA) recently. The body regulates all investment in the islands. Another big boy venturing into Zanzibar is reportedly English actor Idris Elba, 51, aspiring to open a film studio here - also on the Fumba peninsula, it was said. Zanzibar has attracted \$3.73 billion in investments in two years, ZIPA disclosed. More than 180 tech companies have applied to join Silicon Zanzibar, a private-public initiative for tech start-ups.

5 STEPS TO A RESIDENCE

When buying a holiday or residential home in Zanzibar, investors and their families can now acquire resident status. Documents to be submitted are:

- Proof that the value of the purchased property is not less than \$100,000 via
- sales contract and proof of payment

 Certificate of occupancy/title deed
- Police clearance from country of origin/residence
- Passport copy and photo
- All documents to be handed to Zanzibar Investment Promotion Authority (Mahurubi complex, Bububu area) in the case of Zanzibar and to Tanzania Investment Centre in the case of mainland, in person or online.

Information: www.zipa.go.tz/ eservices.immigration.go.tz/online/web/permit

SMART ARCHITECTURE WINS



The winning CPS team with property jurors in Dubai

Zanzibar is famous for historic Stone Town. But now the island's modern architecture is gaining international recognition, too.

he white, modern living style of Fumba Town based on green principles has won a prestigious award in Dubai recently. CPS Live, which started the unique island development in 2015, received the 'Residential Development 20+' award by the African section of 'International Property Awards'. The London-based organisation works with a jury of 90 architects und industry experts.

The awards celebrate outstanding

achievements in various categories, including architecture, interior design and property development. The program is open to professionals worldwide. Fumba Town showcases half a dozen of different housing and apartment types for all budgets, including high-tech timber buildings. The growing sea-side suburb is embedded in permaculture, has Adobe playgrounds for kids and open-air organic restaurants.

Sebastian Dietzold, CEO of CPS, expressed his joy: "Winning the African Property Award is not only a recognition for Fumba Town but for the whole of Zanzibar and Tanzania. Our ambition is to shape spaces that redefine how communities live and thrive." The company has offices in Zanzibar, Dar es Salaam and Nairobi.







FUMBA GOES SOLAR

BREAKING NEWS



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Fumba Town will go partly solar in 2024, CPS announced in a surprise move.

installed in Zanzibar's green residential city (photo above) near the capital. "Fumba Town is right on track as Zanzibar's foremost low carbon city", commented France-based energy consultant John Okoro whose company Growth Energy will put the plan into action together with developer CPS. The solar plant of initially 600 kilowatts is **designed to** provide all day-time power needs for about 600 households, and enough back-up for up to one full hour of grid

power outage. The first phase of the solar field covers an area of 4000 factory. The modular set-up can be increased as more people move to ble and reliable energy for our city", remarked Sebastian Dietzold, CEO of town developer CPS. Just like the rest of the island, Fumba Town residents have been battling with power cuts. Expert Okoro pointed out: "Large hotels and housing developments can contribute immensely towards a more sustainable power supply."

By John Okoro and Andrea Tapper

Power cut? Power cut! Almost on a weekly, sometimes daily basis, Zanzibar and Tanzania face challenges with electricity supply. As population and tourism grow, could solar be a solution?

Solar panels on the roof, a

pattery station in the house:

'rank van Bemmel (right)

on solar", GM Jacob Moywaywa Driving through Zanzibar, one can see an unusual site along the east coast said. The shining trailblazer is still just between Bweeju and Michamvi. a rare exception. Zanzibar as well as the Tanzania mainland are frequently A whole field of shiny solar panels, suffering under blackouts. Dar es glittering in the sun. The onemegawatt solar field (1 MWp) is the Salaam has been especially hard hit first large solar project in the entire archipelago. It supports three sister hotels of the 'Zanzibar Collection'

The solar paradox in Africa What will be the power of the future

in Africa? While China is spending more money on solar and wind ex-

anzibar resident Frank van

installed his own little solar

system for his family of four in

Fumba Town. Three bedrooms

with AC, a fridge, washing ma-

chine and even a pool pump - all

this is running on solar energy.

"On a sunny day, we get all our

electricity from solar", the com-

puter specialist explains: "We

have a giant switch in our sto-

rage so we can get back to the

grid at any time." Costs for the

setup: around \$11,000. A high

investment in the beginning, but

it will have paid off in 10 years.

Bemmel has successfully

Kenya, too, is investing substantially in solar. Nigeria, with the highest population, wants

Egypt and Morocco.

NEWS

to increase its electric capacity to 30,000 MW in 2030, with a third of that from renewable energy such as hydro and solar.

combined, and western states are

shifting to alternative energies to

halt climate change, the most sun-

kissed continent of all seems to be

lagging behind in the solar revolu-

constraints and a lack of widespread

technology adoption contribute to the

paradox of having so much sun but so

little solar energy, experts say. A few

sun pioneers are there: South Africa

leads the pack with an impressive

tion. Limited infrastructure, financial

Zanzibar's blackout woes

Zanzibar receives all its electricity from the mainland, "supplied by a 100 MW, 132k volt submarine cable and there is no back up generation on the island" explains John Okoro, engineer and solar expert based in has worked in many African coun-

project in Fumba Town (see sidebar). In Zanzibar, an outdated power grid and high population growth strain the existing infrastructure, leading to frequent blackouts. "Peak power demand is often exceeding the 100 MWp capacity", Okoro says. "Load shedding and power rationing have become necessary to avoid shut-

2,500 megawatts (MW) of installed But in a new development, Zanzibar solar capacity, closely followed by is set to embrace solar power on a grand scale with a planned 180 MW Sun-kissed solar plant near

Solar Project in Bambi

the African country Continent has little public-private sosolar power

iect are in the pipeline, local media reported. Fiction or reality? Okoro is cautious, especially with wind energy: "Zanzibar does not have the road infrastructure to transport heavy, long wind turbines across the island, especially not over weak and narrow bridges", the expert points out – a simple but apparently

Bambi. The first

wind energy pro-

overlooked challenge. More potential holds the "billionaire deal", a partnership for solar between France. Originally from Nigeria he the Taifa Energy company owned by billionaire Rostam Aziz and Zanzibar

the state is involved here, the energy generated would be allowed to feed into the national grid – a huge advantage. It was not revealed how many households would benefit from the plant. For 20,000 households, the size of Fumba Town in the future, a capacity of about 40-50 MWp is needed, experts say, if solar and batteries were to power the entire town.

There are endless solar possibilities,

Endless possibilities

from solar fields to solar panels on balconies, with the help of batteries or without, says German technician Peter Hoenen who has installed photovoltaic panels on more than 100,000 roofs all over the world, commissioned by development inlar project and a stitutions. Engineer Hoenen also equipped the Lutindi clinic in Usambara with photovoltaics, a typical project for Africa – small-scale. remote and battery-driven. "But this has no future", the expert says. "Ideally solar power should be connected to the grid" - an issue under debate also in Zanzibar. As a rule of thumb, one solar roof can generate two to three times more energy than needed by a household. Before alternative energy plans can be realised, Zanzibar's grid infrastructure has to be overhauled. The World Bank has



1000 times rarer than a diamond: sophisticated blue-violet Tanzanite earrings and ring (photo above) by Elias. The bird broch (photo left) is an iconic design by Jean Schlumberger sold at Tiffany's

ZANZIBAR

jewellery in their windows.

But there is a main distinction to be made in Tanzanite retail: jewellers who cut the gemstone themselves, or shops that trade in ready-made rings, earrings and pendants fabricated mostly in India. Two family businesses have a long tradition as handcrafting jewellers of quality, Elias and Lithos Africa, each with two shops in Stone Town.

in 1963 by local Zanzibari goldsmith "Our average Farook Elias whose family history in gem trading dates spends \$4000 back even further, to the 1800s. Together on a Tanzanite" with his wife Amina.

also a designer and goldsmith, and son Anwar, Farook has become well known as a luxury brand in many parts of the word.

Lithos Africa is owned by the Mantheakis family of Greek origin. Owning an artisan mine in Dodoma the family looks back on four generations of mining and in-house production in Tanzania. "We have deep roots in the gemstone sector of the country", says

was started in 2015; more than 1.200

units houses and apartments have been sold there. With 15-18 per cent

growth in tourism, Zanzibar is a boom destination in the Indian Ocean.

Showcasing ski resorts and

beachfront properties, castles and

vineyards - the Shanghai fair is

considered a show of superlatives.

The organisers say: "Some of the

world's most unique and outstanding

enabling "a transparent and fair value chain." The family's shops at the Hyatt and in the Livingstone House present a sophisticated upmarket collection but also more affordable elastic bracelets with gemstones, starting from \$150.

What is a fair price for the Tanzanian rarity today? Prices "widely vary depending on cut, colour and quality", jeweller Mantheakis points out. The spectrum reaches from around \$400

to \$1500 per carat. "On average our customers spend around \$4000 on a Tanzanite piece of jewellery", says manager Ebrahim

Abdulmajid of Elias. And as geological stocks dwindle, the value is likely to increase even more.

Tanzanite Museum Zanzibar Newly opened at Tembo House, Shangani Street - see how the stone is mined, cut and treated Eliasjewellers.com Kenyatta Rd. + opp. Tembo Hs. Lithosafrica.com

LITERATURE



Explore the sounds of the 21st Edition of Sauti za Busara festival happening from the 9-11th February 2024 in Zanzibar! A strong line-up with 27 bands from all over the African continent has been released and you can dive right into it here. Find out which bands you want to hear and see. To secure your festival tickets, visit www.busaramusic.org



#Free Your Mind Mádé Kuti



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ZANZIBAR IN **SHANGHAI**

Island enters Chinese luxury market

only one location in the world -

west of Kilimanjaro mountain in

Maasai land near the Merelani hills -

and that location has a mining capacity

of only a few square kilometres - it

won't be too long until reserves are

exploited. "In ten years", some experts

estimate, the last Tanzanite will have

come to the surface. A maximum of

20,000 kilo of the gemstone (equalling

100 million carats) is still believed to

lie under the earth. Most local mining

One of them became known

worldwide three years ago: Saniniu

Laizer mined two stones of together

about 14 kilogram and sold them

to the government for seven billion

Tanzanian shilling (three million

companies are owned by Maasai.

6000 invited buyers and the world's fanciest luxury properties. As the only African exhibitor, Zanzibar is taking part in an extraordinary property show in China.

In focus: The Burj, the world's largest timber tower, planned for Zanzibar with a mix of residential, hotel and holiday properties. The Luxury Property Show (LPS) in Shanghai - a three-day glamourous event - is being held for the 22th time. Shanghai, Beijing and Guangzhou have staged the event since 2010. "We are excited to be in Shanghai and will present Africa with a most pioneering and visionary building",

Property giants: the Shanghai skyline (above) and the

world's highest timber tower planned for Zanzibar (r.)

said Sebastian Dietzold, CEO of CPS and founder of Fumba Town. The Buri a planned hybrid timber skyscraper town near the capital of Zanzibar,

1967 with another Maasai sharing a

crystal find with a prospector. More

finds followed, a whole chain of

middlemen, scientists and geologists

identified the stone as Zoestite, until it

landed on the desk of Henry B. Platt,

vice-president of Tiffany & Co. The

connoisseur, immediately realising

the value of the newly discovered

treasure, quickly changed its name

to the more likeable Tanzanite. The

origin of the precious stone, it was

speculated, was a massive tectonic

activity almost 600 million years ago.

If you don't happen to know a mining

Maasai and walk down Kenyatta

Rd. in the centre of Stone Town in

Zanzibar with the quest to find your

gem, the choice seems difficult.

Dozens of shops showcase Tanzanites

estates will be unveiled this year" and the world's largest timber apartment tower, the Burj Zanzibar photo below), is right among them.

with 28 floors and 96 metres high, is setting new standards for environment-friendly construction. "It will be a landmark for Zanzibar", Dietzold said, "and a global landmark for green architecture." The highest timber building in the world will bind more than 3,000 tons of CO2 whereas conventional building with cement contributes heavily to climate change. From 8-10 December 2023, six thousand property hunters are expected at the prestigious historic Shanghai Exhibition Center where 140 real estate companies are presenting unique estates. CPS is travelling to Shanghai with a team from Zanzibar. Fumba Town, the growing sea-side



of his 1994 novel "Paradise", furniture are still in the making but translated by London lecturer Dr. that did not stop cheerful volunteers Ida Hadjivayanis, also present at the fair, is Gurnah's first book to Halloween theme for the youngest

is high on the agenda of the new Fumba Town library catering to international residents. Shelves and

The inclusion of African writers How to use the "Do you have real books or e-books,



become available in Swahili in his members of the seaside community.

is the question I am asked most", said resident Tracey Cripps-Manda, who has taken the library under her wing. The answer: the books are real, but the library system is fully digitalised. 1,200 books are available for lending including 330 books for children. 90 per cent of the Fumba library is made up of donated books. Membership packages for individual, couple or family use start at TZS 60,000 per year. Books can be borrowed online and picked up. African authors including Chinua Achebe, Chinamanda Ngozie Adichie, Abdulrazak Gurnah, Yaa Gyasi, Ben Okri and Ngugi wa Thiong'o, and a number of anthologies from the Caine Prize for African Writing are available.

IG: @fumbatown.library

staging a reading night with a

oer, email fumbatownlibrary@gmail.com

BOOKWORMS ALERT!

By staff writer

Zanzibar - not really known for its love of the printed word - has put literature in focus lately with a first book fair and the opening of the library in Fumba Town.

Tt is our inaugural celebration of Zanzibari literature", said Ally Baharoon who organized the very first book fair on the island end of October. A filmmaker and writer, Baharoon landed a scoop with getting the Zanzibari winner of the Nobel Prize in Literature 2021, Prof. Abdulrazak Gurnah, to attend the fair. Adressing the crowd in Swahili, the exiled author encouraged young writers: "Writing is a hard business, but if you have something to say, stick with it." Gurnah's ten novels reflect on the effects of colonialism and cultural uprooting. "Peponi", the Swahili version



Volunteering residents read to children in Fumba Town during Halloween; facilities for the Fumba Town library are getting ready; to become a mem-

LEISURE... **MEMBE KAYAK:** TRY FREE KAYAKING **KIBABU CARS:** ENJOYTHE RIDE

with green energy, the Breezes hotel,

the Baraza hotel and the Palms hotel.

"During sunny days the entire hotels

with around 90 rooms and villas runs

HOMEMADE SOLAR: "HOW WE LEFT THE GRID"

New restaurant and kayak club at the southern tip of Fumba peninsula, a short drive from the airport. Chill out at the beach, enjoy our unique fusion of African and international cuisine or one of our signature cocktails. Free kayaking and broadband internet. Open daily until 6pm or later upon reservation. Weekend

Membe Kayak Club & Restaurant Fumba, Zanzibar

Christian R. Manahl/ Whatsapp +32 472 350 683 / crmanahl@hotmail.com



Expecting visitors over the holiday, or want to give yourself a treat? Change gears now! Kibabu Cars Zanzibar, a young and highly professional car hire company in Stone Town, offers a diverse portfolio of cars, all regularly serviced and in excellent condition. Special Xmas offer for you starting at TZS 50,000 per day including insurance, taxes, unlimited mileage and a free breakdown service. Contact us anytime for your car rental inquiries.

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Arnoldi's on the Cliff Bar & Bites in Chuini is a place to chill, swim, eat and drink. Freshly made seafood, delicious drinks and other specialties by Zanzibar's best-known seafood start-up chef Arnoldi.

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WELCOME NOTE

HOME OR HOLIDAY?



Early explorer Karen Blixen once

Editor-in-chief THE FUMBA TIMES

Then I wake up in the morning I have a little ritual (you, too?). Mine is simple: get up, and get out! As I slide open the terrace door of my home in Fumba Town in Zanzibar, blue skies smile at me, an earthy fragrance envelops me.

said: "You can identify a country, even a continent by its sensual smells." Sensuality is the right expression: how I love the sea breeze above the plains of Fumba Town later in the afternoon. the cooling windbreaks between ongoing construction (yes, it is still ongoing). Walking from my home to everyone's favourite beach restaurant Kwetu Kwenu, I'm taken back to the plains of Formentera, the smallest of the Balearic islands in Spain. In the 1980s, hippies from all over Europe

cheese, including myself. But I am di-Home. A big word. Has Fumba Town, in my third year of living here and my fourth of working here, be-

come home? Yes, it has! 1,200 units sold. The town is trusis in your busy life. But from a sur-

vev conducted two years ago we also know that most home-owners want a "mixed-use" safe investment. To acuse the property for themselves, for

This is where the new and long-awaited residence permit (see cover story),

Having passed all political hurdles and being implemented at the moment, it "gives foreigners more comsaid Investment Minister Mudrick R Soraga. And there is more good news: Finally, the island is also talking about solar energy which will make power

As a fun-filled festive season emhung out there, living of love and goat braces you, we are covering DIY tips recipes and Zanzibar's best events for you. And as always, it's also our aim as nosy journalists, to find surprise stories - the Zanzibar's intergalactic connec-

tion (page 3) certainly was one to me! Home or holiday - we'd like you to feel comfortable with THE FUMBA ly growing. For some of you who TIMES, to explore the island with us have bought property here, it may be and wish all our readers who celebrate decidedly a holiday home, a relax-oa- it a wonderful Christmas and a happy healthy and sparkling New Year.

GUEST COMMENT

"ATTENTION IS YOUR **CURRENCY**"



n the vibrant city of Zanzibar, I

the esteemed members of the

Rotary Club, where I delved into the

we prepare for the upcoming year.

I will use the acronym: T.H.I.N.K.,

representing five essential areas

T for talent: Talent is your raw

for your talent. Only talent plus

H stands for hard work: It's

about the quality of effort we put

forth. Contrary to the miscon-

ception that hard work may over-

I for Insights: As we approach

the new year, acquiring insights

that require your attention.

skills make you competent.

significance of strategic thinking as

alone is no

Motivational speaker and Member of Forbes Coaches Council, Dr Shogo Oyeniyi from Nigeria about "unlocking success n 2024". Let's listen in!

where we are, and where we intend had the privilege of addressing to go. Seeking guidance from men-

tors and coaches can be an invalua-

N for network: If you are not networking, you are not working! Our work connections and friends significantly influence our journey in life. Don't be shy to be intentional with your networking. Building material. But people don't pay you a network of individuals who align with your goals and values can be transformative. But don't confuse networking with expecting favors. in fact, it's the opposite - bring val-

K for knowledge. 20 per cent of whelm, it, in fact, refines and eleefforts create 80 per cent of your revates us. If you don't move you will sults, studies have shown. So slow down and focus. Being busy does not mean you are in business.

On the brink of a New Year, just from our past experiences are a remember that attention is your curbig help. It's crucial to have a clear rency. What we choose to focus on,

www.drshogo.org Instagram: drshogo

The Fumba & Times

perspective on where we've been, will shape the next year.

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Publisher: CPS Live Ltd. P.O.Box 3564, Fumba Town Zanzibar, Tanzania International Chief Editor: Andrea Tapper Editor@fumbatimes.com Local Editor: Hissham M. Abdukadir Acting Managing Editor: Katrin Dietzold Art Director & Layout: Sidney Tapper Photography: Keegan Checks, H. Kwayu

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Print: Mwananchi Com. Ltd. Dar es Salaam

CARTOON



"He didn't do anything, Gregory. This is a zoo."

AGREE TO DISAGREE

By staff writer

Cultural misunderstanding happens on many different levels – at work, in relationships, intergenerational (see cartoon above) and certainly in a cosmopolitan society like Zanzibar. But it also has a humorous side, as participants of an intercultural workshop in Zanzibar discovered recently.

VIEWS

hat is a cultural conflict? A misunderstanding, rooted in different ideologies, beliefs, values - and sometimes just a matter of language. On an island rooted in tradition, both locals and visitors often register some sort of "culture shock", diagnosed Jochen Schuppener, a professional coach

How then can employees in the tourist industry, or in corporate companies with a large foreign clientele, better relate to their customers? Develop ing strategies that help to cushion employees' feelings, while at the same time enabling them to engage in a clearer dialogue with clients from a totally different background, was a purpose of a workshop held by Schuppener in Fumba Town recently.

humor misunderstanding, evaporated quickly. It can start, funnily enough, with a most simple architectural drawing: What is ground floor, what is first floor? Different countries have different concepts here, hence an apartment on the sixth floor may mean something different for the seller and buyer. Better sort it, before a contract is signed! Moneywise, especially with a currency like the Tanzanian shillingi being counted in generous hundreds of thousands and millions, a prospective buyer as well as a sales person - may also get it wrong easily. In Fumba, a local buyer of a flat was about to close an

the calculation in his own currency. "We never heard from him again" said the sales agent in the seminar. We asked coach Schuppener for his advice how to avoid such misunderstandings.

What simple rules can a company stick to, to avoid cross-cultural misunderstanding? Jochen Schuppener: First of all, acknowledge the differences. For a company this means to involve mediators and to establish a proper and easy complaint management by all means. That will take the

steam out of many operations. Working in an environment as in. Different values become apparent. Fumba Town, with visitors and investors of different nationalities, where does harmony start? Agree to disagree - from both sides. Tolerance is the first step to understanding, to coexistence and

What is the most crucial "misunderstanding" between - generally said -Africa and the West?

The West has the notion of being performance-oriented, the South is clearly more atmosphere- and relation-driven. Another example: Asian cultures thrive on harmony, Western cultures on results

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You talk about culture stress in your coaching. What is that?

Culture stress is the continuation of culture shock. A Westerner will first admire the friendliness of an island such as Zanzibar. Then reality sinks stress happens in both directions. The solution lies in compromise and in specific rules all sides can agree on.



attractive dollar deal, when he redid You don't understand me! Different values produce culture stress

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 $oldsymbol{(f)}$



TOTALLY SPACED OUT

Did you know that Zanzibar had an intergalactic connection?

By Andrea Tapper

A space tracking station in the midst of Zanzibar helped America to land on the moon. The remains are still there – while one woman keeps stargazing alive on the isle.

You may know a few things is almost too spaced out to be true: Zanzibar's intergalactic connection. The island had a space station run by the National Aeronautics and Space Administration (NASA) for almost four years in the early sixties. One of only 16

Freddie Mercury snatched his name

from project Mercury

stations worldwide along the Earth's orbital track, it was vital in getting the first manned spacecraft into orbit, and to eventually land Apollo 11 on the moon on 20 July, 1969. Armstrong made

advice?

island still widely free of light pollution, star-studded night skies are definitely watched by quite a few private gazers.

near the village of Tunguu was already abandoned and closed. In 1964, when Zanzibar became a part of Tanzania, the new left-leaning rulers made it sufficiently clear that the US station was to close down and the crew and their families - exactly 91 Americans had to leave the island immediately. Even the New York Times reported about it on 8 April, 1964. Few people nowadays know about

mankind", the NASA ground station

the station and less where it was located. "On the way to the east coast we tried once to visit the remains of it", recalls Faye Richardson: "We didn't find much." But when it comes to space activities of the present - especially when the International Space Station (ISS) is crossing the sky over Zanzibar one can a hundred percent count on

the 71-year-old star gazer to post an alert on the island residents chat group 'Wanawatu'

Hey, star gazers! "Hey, Star Gazers", started a typical post of hers on 8 September, 2023, "the International Space Station will be passing over tonight for 6 minutes starting at 7:10 pm. Start looking in the southwest direction for the light travelling across the sky towards the northeast." How many people on the island can follow such

There's no space-watching society in Zanzibar nor is there a spaceport like the Luigi Broglio Space Center (BSC) ocean platform in Malindi in neighbouring Kenya. But on an "Especially over the sea, on clear nights, one can identify all the big star signs with bare eyes", says

The space connection of Zanzibar: Orbiting the earth every 90 minutes, the International Space Station, in space since 1998 and continuously manner until now (top photo), can often be seen from the island. Zanzibar's NASA ground station (photo above left) paved the way for the first moon landing. Faye Richardson, here on a wedding photo with husband Tom Greens in 2005, leads the star gazing community in Zanzibar

station and astronauts was a highly

Zanzibar. Clever apps (Startracker3D, orchestrated dance", she writes. Star Tracker Life) help identifying the But why was the station there in the first place? In case astronauts became A few decades ago, things were incapacitated, there were "never to different: no app and no internet were be more than ten minutes flying time available. But the Zanzibar space station between controls from the ground", with its aluminium storage house, NASA had decided. 16 stations were electronic equipment, cooling towers, generators and, most importantly,

Pete Hummonds, a frequent visitor to

an intercom system was "part of the

first real-time global communication

system ever built", according to the

website zanzibarhistory.org with

"Before the internet there was Project

Mercury" said American journalist

Amanda Lichtenstein in a feature about

the Zanzibar station published in 2019

on the media platform 'Global Voices'.

"Communication between the space

photos and memories of the time.

was Project Mercury

positioned from Cape Canaveral Zanzibar to Mexico. NASA Station in Zanzibar at the Zanzibar prepared time and the British protectorate leaders the moon landing were huge fans of

Project Mercury. And Americans crews loved the island because they could bring their families

Zanzibar youth was also intrigued by "the high-tech equipment and the reachfor-the-stars attitude. They learned about the schedules and would lay on the late American entrepreneur Tom

worked with Mercury and who runs successful art film club until Covid the website zanzibarhistory until today. but one constant in her life have been And there was another Zanzibari boy the night skies over Zanzibar, she says. She loves to "go on moon walks" from Farrokh Bulsara who later changed his her garden bungalow in Mbweni. name to Freddie Mercury and became As a monsoon storms rises, nature a rock legend! loving Faye locks up her turkeys and calls her cats in. It's time for one last When

Richardson, born

in Utah, arrived in

under desert skies

the beach looking up waiting for the

recounts Torrence Rover, whose father

American spaceship to pass overhead",

Zanzibar in 1991 as Project Mercury in the 60s? "Yes" she says, "but only once. It looked like a a nurse practitioner shiny tin can moving across the sky." Save the Children, "Zanzibar was still socialist", she recalls: "The ferry was Space discoveries: owned by Russians, and the USSR Spot the ISS from Zanzibar:

spotthestation.nasa.gov/

Green in 2005, who famously opened

the first hotel in Stone Town with his

partner Emerson Skeens. She ran a

question: Has she ever seen the - still

active - ISS passing over the island,

stuck in its orbital track as fixated by

Historical information: www.zanzibarhistory.org



Mango mousse or mango smoothie? The devil is in the detail, discovered editor Andrea Tapper and student Rabea

DINNER FOR ONE

embassy located next to the State

House." In 32 years on the island she

has seen many changes. She married

A new hospitality school in Zanzibar trains local youth for jobs in the tourist industry. We tested it.

oes the glass stand to the right of the plate, or the left? Can VIPs register in their room instead of at the reception? What is cereal? Tumaini Kiwenge is one of five teachers at a new vocational training, the 'Zenj Centre of excellence for tourism' (ZCET), located within the property of a hotel. She talks about "the sequence of service" as if it's a ballet choreography: light as a feather and yet mastered only by persistent training. In front of her: a class of a dozen students, the majority girls, listening eagerly.

This year, 115 students have joined the boarding school, which opened n Zanzibar two years ago. It stands out for two aspects: courses of nine

two thirds practical training. Through a government-initiated program, the education is aimed especially at girls. Front office and housekeeping, cooking and serving – all these skills are tested in real time at the 4-star Sansi Kae Beach resort in Michamvi. One of the school founders, Talal Atturkhan from Mauritius says: "75 percent of our students are female; attitudes towards girls' education are positively changing."

With more than 30 percent youth unemployment according to official labour statistics, the booming tourism industry in Zanzibar seems indeed not a bad place to make a living. But that's not where students' ambitions end: "Certainly something bigger than reception", says student Shine, 20, when asked about her future plans. As we put her fellow student Rabea to the test with a dinner for one, all goes smoothly, from presenting the menu to taking orders. The fork is placed on the correct

and Rabea stumbles. As she introduces a "smooth mango", I inquire: "A mango smoothie as dessert?" It turns out it's a mango mousse. Does it matter? Hardly. But the context is interesting: never heard of before", the apprentice admits. And how does that feel? "It's okay", another student says, "it's just like learning a new language." (AT)



Learning from the chef: ZCET students during a cooking class

LOCAL HERO

RICH OR POOR, FAMOUS OR UNKNOWN - MAKING A DIFFERENCE COUNTS!

THE "ERIN BROKOVICH" **OF EAST AFRICA**

She freed her community of toxic waste. Now Phyllis Omido from Kenya has won the 'Alternative Nobel prize'.

nd of November the mumturned-activist received the prestigious award in Stockholm together with three human rights laureates from Cambodia, Ghana and the Mediterranean. "I am very happy about the prize",

country Kenya after she managed to shut down a battery smelting plant that was polluting the Owino Uhuru neighbourhood in Mombasa. She won FUMBA TIMES the brave activist a landmark court ruling that awarded 10.2 million euros to the victims of the Zanzibar and plans to return. Adressing lead poisoning caused by old batteries. But the struggle took 14 years, from our struggles are interconnected." 2009 to 2023 during which the brave activist faced harassment and threats, Livelihood' prize has widely known and unknown gunmen even tried to been known as 'Alternative Nobel

A three-months old baby died from Nobel Foundation turned down a the toxic poisoning ."In the beginning proposal in 1980 to create a special nobody believed us", said Omido, also category for the environment and communities it is a global struggle." known as 'Mama Moshi" (Swahili development. To date 190 laureates Omido became well-known in her for 'mother of smoke'). She has been from 74 countries have received the of coastal communities."

on lead-acid battery recycling in Africa. In a telephone interview with THE said, she had been to Nungwi in environmentalists here, she said: "All For more than 40 years, the ,Right

Prize'. It came into being when the

dubbed the 'Erin Brokovich of East award - among them another famous Kenyan, the late tree saver and activist counterpart, portrayed by Julia Robert Wangari Maathai of the Greenbelt in a Hollywood movie. Thanks to Omido's struggle, 17 toxic

sites have been closed across Kenya. **Deadly batteries** The United Nations issued a resolution

Lead-acid batteries are used in everything from cars to backup storage for mobile phone towers and solar panels. But the batteries don't last very long; it is estimated that 1.2 million tons of used lead-acid batteries accumulate across Africa annually.

45-year-old Omido already has her eyes set on the next danger: nuclear power plants planned along the Kenyan coast. In a short timespan, she collected 1000 signatures against such a plant operations", she argues, "they could harm public health and the environment



About the alternative Nobel prize: rightlivelihood.org Phyllis Omido: centerforjgea.com; Instagram: @mamamzingira



Table decoration in natural tones add warmth to the home; dad and daughter take care of cookies (photo r.)

By staff writer

shine for the occasion? "When you Palms and presents: Fumba residents share their creative ideas for crafting a tropical Christmas.

TIn Zanzibar, where the air is Lpalm fronds, celebrating the festive period takes on a distinctively different but yet vibrant flavour. True to the cosmopolitan spirit of the predominantly Muslim island,

eashells are ideal for decoration,

especially when painted gold or silver (photo). For a seashell

garland, collect an assortment with nat-

ural holes for threading, or use a drill of

3mm, as resident Petra van Bemmel ad-

vises. Fishing nylon can be found at Da-

rajani Market. Drape the garland around

vour tree or use it as a centerpiece on a festive table. Larger shells can serve as

unique place card holders. Tuck hand-

written cards with the names of your

guests into the shells. For gift wrapping

shell embellishments.

don't have a big choice of decoration, you must be imaginative", Fumba residents say and shared some of their ideas and long-rooted traditions with us (see boxes below). From imaginative table decorations and delectable pastries to unconventional German "Adventskalender"- they help to create an atmosphere that's

For table decoration, natural earth colours, elegant white table clothes many shops and restaurants in town or the classic red-and-green Santa (and most hotels anyway) come up Claus look are popular options this

with Xmas decorations and events year. Transforming your dining area into a tropical wonderland with to welcome the New Year (see next page). But how to let your home vibrant colours and exotic accents is fun: "I simply bought red cotton material in Darajani and had a local tailor sew it into some runners and napkins", remarks resident Petra van Bemmel. "Incorporate fresh red flowers, like hibiscus and orchids", says permaculture expert Bernadette Kirsch. Paired with palm leaves, warm and the sun dances on tree adornments and a handmade the table-design gets an even more beauty and food items. If you want

New china from China!

You may also freshen-up your dining style with some newly acquired plates and glasses which don't have to cost a fortune. "I like

shopping for new plates at the street kiosks on the corner of Mlandege and Malawi road", recommends THE FUMBA TIMES editor Andrea Tapper. The kiosks have a surprising collection of ceramic plates on offer, in different mixand-match designs. Imported most likely from China, they do however add an artisan feel to your festive

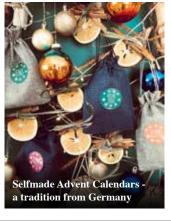
When it comes to presents,

MYHOME

go local, but in style. African designer fashion is offered for instance by Doreen Mashika and The Wonders boutique in Stone Town. Innovative vendors at Kwetu Kwenu market (special Xmas edition on 2 December!) sell craft, to dig deeper into your pockets, contemporary African art (found in galleries such as the Forster Gallery in Mbweni) or Tanzania's very own rare jewel, the Tanzanite (see page 3) make not only fabulous presents but a good investment.

COUNTING DOWN TO X-MAS

raditionally, an Advent Calendar helps countdown the days until Christmas, with 24 sealed doors to be opened in order of the days. You will find holiday sweets, illustrations or other surprises behind each door. The calendar originated in the 1800s and usually comes as a card or box. Or you craft a richer, more abundant version with small bags (even paper bags can do) filled with individual tiny gifts and decorated with dried oranges, as Fumba's Dr. Jenny Bouraima did for her family (photo). Even 24 different beers as an Advent calendar have been tried!



touch of gold

you can add personal touches with sea- Natural beauties: shells with a

SHINY SHELLS FOR TREE AND TABLE

THE EARLY TREE

1 November the tree had to up and blinking, says the Gamble family, newcomers to Zanzibar from Kenya. 11-year-old Nikita did the decoration (photo), while Jinge Bells were playing - Mama Mercy making sure every year, that the Xmas classics are ready. "It's a time to be there for each other", says Nikita. If an artificial tree isn't an option, consider a palm tree adorned with twinkling lights and African-themed ornaments. Or simply use a few firecracker branches or a potted plant as a tree substitute

— ADVERTISEMENT



MOYONIBAY

The Heart of Fumba Town

PASTRY PARADISE

offered by more and more Zanzibar cake makers and bakeries. Think pineapple tarts, passion cheesecake and mango-flavoured macarons. Delicious meringue cookies and other elaborate sweets as produced by "Un'altra Storia", a roadside bakery in Jambiani (Ph 0773 829062) - it's worth the trip! A simple tip for Mango Coconut Cupcakes: Mix shredded coconut into the batter for a tropical flavour, top each cupcake with mango-infused



NEW

wap traditional Christmas pud- frosting. Garnish with a slice of fresh ding for tropical-inspired pastries mango.





NSIDE FUMBA TOWN RUE STORIES OF NEW RESIDENTS

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Sundowner pilates: Oscar, 29, and his wife Grace, 28, practicing at the Chill deck in Fumba Town

"MAKING FRIENDS IN FUMBA"

Oscar and Grace Marwa-Pattison are the latest addition to Fumba Town. The fitness trainer and his wife, a gender researcher, find Fumba's quietness "just right".

scar, before anything else: Is it true that belly with pilates in no time? Yes, with some consistency, and training three times a week, you will see fast results.

And if I practise only once per week? You'll need to stick with it at least three months.

Grace, you hail from Sydney in Australia. Where did you meet your husband?

We met in Arusha where I was volunteering after finishing school in Australia. I returned several times and eventually we became a couple and moved together to Kenya for studies where I did my master in development and gender studies.

How did you discover Fumba? We were looking to move back to Tanzania, Oscar's home country, when we discovered Fumba in the internet. If you click on property in Tanzania it's the first thing which comes up. We chose a Moyoni row house. We like that it's built from timber. **Grace:** For me it was important to live by the sea, the same way I used to live in my hometown Sydney. I just love swimming!

MWANGANI SKYLOFT

Enriched Living Quality



But surely, it's very different

here from Sydney, even from

Indeed, it is. But we love the

quietness, actually. And we love

the community. In Fumba you

make friends fast, especially

when everybody wants fitness

Oscar: Besides my pilates work-

shops in Fumba I give classes at

Masara Fitness and Wajamama,

from step aerobic to weight lift-

ing. Karibuni, everybody!

fitness: Grace and Oscar in

Pilates & Personal Training Oscar Ph/WhatsApp IG @Zanzibarpilates

ZANZIBAR'S BEST COCKTAILS THE FUMBA TIMES testing bartenders

Bar with a view and bespoke cocktails: the Upendo House overlooking Stone Town

BEETROOT BEAUTY

Zanzibar's best cocktail as chosen by THE FUMBA TIMES is a red rich beauty called Beet Ginger Slam. "At Upendo one of our cornerstones is creativity", explains owner Trish Dhanak. "We ask guests to pick a fruit or spirit or both and craft cocktails out of it." The beetroot cocktail is a guest's favourite. The trick: a crown of beaten egg

50 ml Bombay Saphire gin 20 ml beetroot/ginger juice or syrup 20 ml honey 10 ml egg white 20 ml lime juice



EMERSON'S MARGARITA

The classic Margarita served at Emerson Zanzibar restaurants stands in a league of its own, perfectly prepared, with the right balance of sweet, sour and salty (and is probably so excellent because it used to be the director's fav!). Sharp and refreshing, never watery. If you've had a bad Margarita, you'll

60 ml Tequila Bianco 30 ml fresh lime juice 15 ml Cointreau 15 ml syrup

Garnish: lime wheel & Pemba sea salt

Add ingredients in a shaker with ice. The trick: strain into a prepared glass over fresh ice. Frozen Margarita: blend with ice to slush instead of shaking and straining.



MY LIFE

Coming straight from the gardens, and how it could be otherwise in eco-town Fumba, the signature cocktail of beach restaurant Kwetu Kwenu Chill is naturally blue, using the velvet, edible

Blue" comes in two iced versions, virgin or with rum. Typically The Chill, measurements are

60ml white rum 10-30ml of lime juice Wedge of lime to



CELEBRATE INTO THE NEW YEAR!



The festive season is around with wonderful markets, parties and dinners. Here our pick of events.

Kwetu Kwenu market, Fumba Town 2 December - Xmas special with car boot sale! 3 February - 1st market 2024 The place to be! Shop and meet with friends, lunch

at food stands, admire Fumba Town! 10am-5pm Emerson Art exhibition and awards Hadithi ya Bibi, 2-8 December

Emerson on Hurumzi, Stone Town
11 young artists exhibit at the Emerson's Foundaion's 3rd Art Award; opening 2 Dec. 4 pm, award ceremony 8 Dec. 4pm

High cuisine @Upendo Upendo House (Stone Town): 25/12 | Christmas Lunch & Dinner 31/12 Celebrate NY's Eve in style course dinner, bubbles and live music from Keny @udulele_official; no entrance fee

Upendo Beach (Michamvi): 1/12 NY's Eve Brunch & Dinne Evening live: @mak_adem 01/01 NY's Brunch & Dinner Live music, DJs and acrobats

nformation: upendozanzibar.co

Siti and the Band Xmas & New Year Tour 24 December, White Sands Hotel, Paje +255 778 923 854 January Lunch, Mr. Kahawa, Paje 1 January Dinner, Khulala Ocean Blue, Paje +255 777 513 257

■ CANDLE LIGHT DINNER + BBQ Blue Oyster Hotel, Jambiani

24 December: 3-course dinner served in candlelit restaurant with sea view and special a la carte Christmas menu
25 December: Tasty barbeque buffet, live music

26 December: Boxing day anniversary dinner, live music, a la carte Contact: booking@blueoysterhotel.com Phone: +255(0) 783045796

Christmas Buffet at 6 Degre 25 December 6 Degrees South Plot 60, Waterfront, Shangani St Enjoy a christmas buffet lunch with friends a family 12pm - 3pm Contact: +255 620 644 611

> **■ COMMUNITY DHOW RACE** 31 December, from 11am Blue Oyster Hotel, Jambian Your warm-up for the night! Annual community
> Dhow Boat Race, beach bar open

Phone: +255(0) 783045796 GO FOR THE GOGO PARTY! 31 December, starting at sunset Kwetu Kwenu Chill, Fumba Town only 20 minutes from Stone Town Open-air New Year party by the sea with live musi

jam session, DJ, food market & beach vibes; guest band of 8 with 2 dancers: Sinaubi Zawose & Pamoja Zanzibar Enquiries:+255 689 776 441 As one - NYE party

31 December Tiki Beach Club & Resort, Bwejuu Ring in the New Year in style with a salty breeze ir your hair - the ultimate east coast NYÉ bash! Contact: +255 777 033 303

LAGOON WITH ME!

First man-made beach

lagoon in the making: the Paje residential resort The Soul nestles around a huge trademark lagoon, the first manmade natural pool in Zanzibar. 90 Milan Heilmann. To minimise metres long and 10 to 30 metres environmental impact, the resort wide, it contains one million litres uses rainwater collection and f water, two islands, a shallow children's area, a north-side beach and a south-side cliff-like entrance. in Zanzibar with more than 200 The super lagoon is laid-out with natural limestone instead of tiles,

saltwater pipeline from the sea to the inland lagoon "would not have been possible due to the distance and several village houses near the project", explained manager grev water recycling. The Soul i the first residential leisure facility apartments. A second The Soul is



A masterpiece in the making: for the first time the artificial lagoon at The Soul holiday apartments in Paje was filled with water last month

ingredients is served, supplies are with the aim to spread the Zanzibari brought to the island by boat twice

anzibar's award-winning eco-

its own cookbook - and it's

island Chumbe has created

for fish is in the works. King prepares and have asked for

and rarities (passionfruit dressing), the booklet gets you straight into the kitchen. With 56 recipes and colour photos, aptly called "Kitamu" (Swahili for tasty), it is not only the perfect souvenir, but a great addition

"We have compiled the recipes

guide using a traffic light systems "Many of Chumbe's guests have fallen in love with the dishes which

(CHICOP). A sustainable seafood

not just pilau & co. With many surprising recipes (passionfruit and calamari salad), classics (kachori) the kitchen team under chef John recipes", said Koerner - that gave birth to the cookbook. Zanzibari cuisine reflects Arab, Indian and African influences. On Chumbe Island with its seven eco

COOKING À LA CHUMBE

to anyone's kitchen. bungalows, only fresh food with local culinary offer and to show more a week. The booklet mainly contains sustainable food choices", said veggie dishes and sustainable seafood Diana Koerner. marketing manager dishes. "We decided not to include an

manager Koerner explained. Chumbe Island is a snorkeling, diving and nature reserve located six kilometers off the coast of Zanzibar. Cooking and travelling

> print and as a digital version. You can order vour version via marketina@ chumbeisland.com. Print: \$30; Staying at Chumbe Island in one of

seven eco-bungalows, overnight rate starts at 280 USD per person per nigh full board, inclusive guided activities East African resident rates available book@chumbeisland.com; www.chumbeisland.com

Household injuries? Clinic is on call

In case you get injured during the

holiday season our on-call medical team is available to assist. Cuts while

preparing the festive dinner, injuries



arranged on straw mats

Happy&Healthy

ASK DR. JENNY BOURAIMA

READERS' QUESTIONS ANSWERED BY OUR OWN MEDICAL EXPERT

SAFE AND SOUND **IN FUMBA**

Belinda Mayor, Fumba Town

Dear Dr. Jenny,

As we are enjoying Fumba Town and expecting visitors during the holiday season, would you have an emergency phone number and instructions for First Aids for us - from town security to medical advice? Just to make us feel safe and

sound! Thank you so much!

Dr. Jenny Bouraima answers:

first of all I want to note that ahead of time; it is important to be prepared. We all do not want emergencies to happen, but if we want them to be dealt with in a timely manner, preparation is needed. Please see the number of the security control room as well as our

town's security team will be there

I appreciate your planning clinic on-call contact number in the box under the photo. For any unforeseen event that is not medical but needs immediate attention, the

when decorating the home and similar accidents happen more often than one A few precautions and

a well-equipped first aid box at home also make sense. Safe storage goes a long way to prevent cuts and other injuries such as burns. ■ For cuts you should always have some antiseptic solution (like io-

dine) for immediate cleaning of the wound and some dressing material in different sizes. Deeper and bigger cuts might require stitching and more care, that you can get at our

■ Simple burn wounds can also be

Fall prevention when applying your beautiful festive decoration remains number one to prevent injuries. However, should you fall from a high ladder, severely hit your head

and even pass out, even just for a few moments - it is safest to consult with a

cared for at home - cool packs are a

great first aid measure to avoid blister-

them in a towel before applying on the

burned area. For more advanced burns

(when deeper skin layers or large areas

of your body have been affected) do

consult our doctor on call for adequate

I am wishing you and your family an enjoyable accident-free holiday season and all the best for 2024.

JRBAN CARE CLINC is there for you, also during the holidays. We are situated at The Pavilion in Fumba Town. For any health or lifestyle questions, write to us at: Dr. Jenny@fumbastimes.com Fortitude Total Security (FTS) Control Room: +255 682 412 488

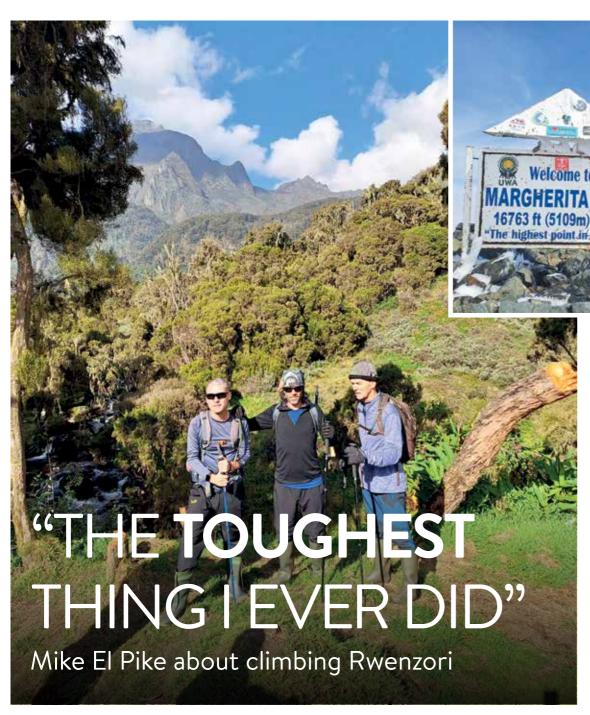
HAVE A HEALTHY HOLIDAY!

Town Management (TOC): +255 778 331 144 Urban Care Clinic, Fumba Town: +255 622 820 011 Opening hours: Mon-Fr., 9am-8pm/ Saturday, Sunday and holidays on call. www.urbancare.clinic

4 +255 623 989 900

www.fumba.town

a project by CPS



The author (centre), his brother (left) and their father conquered the mountain together

He skydived for us from a plane over Nungwi; crossed northern Tanzania by bike with his ten-year-old daughter. But climbing the Rwenzori mountain range in Uganda, literally topped it all for our adventure correspondent Mike El Pike.

was sitting in an Airbnb in Portugal with my family for my parents' 50th wedding anniversary. My brother said, "yeah dad, I'll climb the Rwenzori with you. Mike, do you wanna come?"- "No chance", was my response.

My folks have a coffee farm and lodge in western Uganda; it has the Rwenzori mountains in the background. I suppose you may say, the mountain was the backdrop of my childhood.

My dad in the past years has taken a different direction in his life in Uganda, he stopped being a doctor and became a fulltime tree hugger. While he was farming, I guess he developed a bond with the mountain; he always jabbered on about climbing it. I had heard about the Rwenzoris and knew they weren't something to be dabbled with. Apparently they make Kili look like a walk in the park. So when my brother and dad said they were going to do it, I wished them well.

Ten days before the climb I got a text. "Mike, if you remember, your brother and I are going to climb the Rwenzoris soon and I would be delighted if you came." I mean I dunno. If you get this text from your 71-year-old dad who wants to do this bucket list thing with his sons and you say, "oh no sorry I'm washing my hair", then you're a bit... It was the word delighted that made me think about it. I owe so much to my

dad, the least I could do was make him slightly delighted.

Ten days to prepare. First, I watched a lot of YouTube videos, although I gotta say they didn't prepare me. Second, walk a lot.

I started walking ten kilometres a

day on the beach, at low tide over tough coral terrain. Then I realised, I'm a beach boy, I was supposed to go over 5,000 metres! Where

in Zanzibar has any kind of uphill? My mate Reda's hotel has a lot of steps. So I spent a week walking up and down steps and doing squats in Kiwengwa.

Then the day came. We arrived at the national park and I've gotta say it was truly breathtaking. I don't say that a lot, I now regret saying it. The

first half a kilometre was great and lovely and high-fives all round. But when we went downhill for like a kilometre the realisation set in, that what goes down must come up, or vice versa, and reality struck in.

I brought some nice shoes I bor-

rowed from my mate Paul, but I never used them. I wore Wellington boots the whole time as this mountain is wet!

The rainmaker. I thought bogs were horizontal, but no, in western Uganda on the foothills of Rwenzori, the bogs are vertical! Reminiscing, it is a magical place. The fauna changes every few hours from tropical to African alpine, to how-anything-exists-in-this-place.

There were three of us. Every day got harder. We had 19 porters. Only two of us made it.



This mountain

is wet!

The rainmaker!

The mountain is still permanently snow-capped, although scientists say, the glaciers are getting smaller because of climate change

Snow and a Zanzibar t-shirt at the peak: at 5109m, the Rwenzori range is less high than the Kilimanjaro but harder to climb

My dad turned back on the last summit day, 600 metres from the top because the oxygen got too reduced. He went back to base camp with some of the porters where he waited for us with open arms. He said that he fulfilled his bucket list. He did climb the mountain with his sons.

On the third day we had witnessed a rescue mission for a mountaineer off the top who had climbed Rwenzori once and Kili five times. The team we had was astounding. Every day three times a day, hot cooked food, cheery faces. The Bakonzo people are Batman.

The last day. 2am start. Charge your torches. We were already over 4,000 kilometres up. You put one foot in front of the other and try not to breathe too much. Then you get to the ropes. I hadn't seen these on YouTube.

You reach the glacier, take off your wellies, put on your shoes, then put on your snowshoes, tie yourself into a rope, don't look down, avoid the crevices and think about the hip flask of single malt whisky you'll share with your brother at the top.

And then you're at the top! After all the photos you realise you're over 5,000 metres and you have to get down. People say the descent is worse than the ascent. It ain't easy but I don't agree.

This trip made me realise a few things: For one, if I put my mind to something I can do it with minimal training. It made me respect my father and my brother more than I ever have. And this trip made me realise that I have been blessed. Blessed to spend 35 years in Africa which is just drop dead gorgeous.

Our writer Mike El Pike alias Michael Clarke is the owner of Season's Lodge in Zanzibar.

MOUNTAINS OF THE MOON



En route: The Rwenzoris are a mountain range in Uganda on the border of Congo and Rwanda and have 16 mountains, the highest is Margherita peak at 5109 metres. Mount Kilimanjaro (Africa's highest mountain) has 5.895 meter. The Rwenzori's upper regions are glaciated. European explorers linked the Ruwenzori with the legendary Mountains of the Moon. Travel arrangements:

@nkwanzitravel, Kampala

JUST DISCOVERED

FOR FAMILIES WITH CHILDREN IN ZANZIBAR



5 BEST PLACES TO TAKE YOUR KIDS

For residents and tourists

By Sine Heitmann

Speak to the crabs Low-tide-love at Mtende Beach. This 'hidden' beach offers a fantastic day out for a family with kids. Like many beaches on the South East Coast, it is subject to tidal differences and at high tide, there is no beach - you need the low tide to enjoy Mtende. Explore and discover natural pools, observe the many crabs in the coral rocks and if you have not brought your own picnic, there is Usumba Rock, a locally owned and managed restaurant spectacularly built into the coral rocks and offering great Swahili cuisine with the best views to be enjoyed at either low tide or high tide.

Open every day, TZS 2,000 access fee/village contribution

Location: south of Makunduchi, just follow your navigation. Tide calendar for Zanzibar: www.tide-forecast.com

Meet Santa Claus We all like a

bit of entertainment for our little offspring, and one of the best events happening in the lead up to Christmas is the Island Festival at New Teddys the beach in Jambiani. All year round, it happens every first Sunday of

the month - live music, acrobats show, a (Christmas) market under the trees for shopping and kids entertainment. The central pool and a generally family-friendly vibe make a great day to spend. Also, for a special Santa Claus experience, watch Mustaphas Place in Bwejuu, where every year on 24 December, Santa Claus comes to bring presents to kids, in the after-

Island Festival Christmas Edition, 3 December, 12-9pm, teddy-place.com

Santa Claus at Mustapha Place, Bwejuu, 24 December, 5pm, reservation for Christmas BBQ recommended

mustaphasplace.com, Ph +255 (0)772099422

Butterfly Beauties Since children love all sorts of animals, take them to the Zanzibar Butterfly Centre, located in Pete near to Jozani Forest.

A guided tour takes about 30 to 40 minutes, and you learn about the life stages of a butterfly, see many flying around and learn to understand the importance of the conservation of the tropical forest. What makes this trip worth it, is that the centre is completely community-run and the fees also contribute to conservation and preservation. And since you are near to Jozani Forest, you may even combine it with a visit to the monkeys. zanzibarbutterflycentre.com

Ph +255 767 074 446, 9am-5pm, entry TZS 14,000

> Children united The Jambiani Social Club

is a new project established by east coast resident Launi Makame Launi. Located on the village road in central Jambiani near Visitor's Inn, the kids club has the mission to connect guests and residents with local Zanzibar culture as well as offering a social meeting point with a small kids' library (growing every day), both Swahili and popular games, workshops on Zanzibar culture (henna, coconut oil, local herbs) and movie nights. Monday-Saturday, 2-7pm – Insta-

Ph. +255(0)715 840 091

gram: the .jambiani .social .club -

Beat it! The Dhow Countries Music Academy (DCMA) in Stone Town offers music education

for children, and while you can sign

up your children for music, singing

and movement classes on a regular basis, the special concerts and performances are also great for family entertainment and to learn about Swahili music during a visit to the

In the lead up to Sauti za Busara in February 2024, check their program on a regular basis and do not miss letting kids learn more about the wonderful heritage of Zanzibar and its insttuments.

Dhow Countries Music Academy // Culture Musical Club, Vuga Road // P.O. Box 4055, Zanzibar, Tanzania

Ph +255 (0) 777 416 529 // Email: admin@zanzibarmusic.org

ADVERTISEMENT



NATURE SPA DE LUXE

Fortress-like Bamboo Hotel in Jambiani is in a class of its own and so is the new Elements Spa within.

he latest endeavour of Kim Nguyen on the east coast, L the generously designed new Bamboo Elements Spa with an all-natural but sophisticated vibe, is definitely a must-do on your coastal activities list. Vietnamese entrepreneur Kim, who manages the new beauty and relax oasis, has infused it with Asian wisdom and style. Intuitional massage is the message, including a novel hair and scalp treatment. "We want to

know a bit about our clients before we start the treatment", explains Kim. Rooms are based on the five elements: wood, fire, earth, metal and water. Modern-minimalistic, they still radiate a warm deluxe feeling.

On the menu are 'Slim and Trim' massages, even pregnancy massages and anti-stress rituals. A good number of facials, foot treatments and hand care are also offered.

Make of it a whole day off with an additional hotel day pass (\$30) granting access to all facilities including an amazing 50m cliffhanger pool and grill lounge, all designed by Lucas Otyeza, a Spanish architect living in Zanzibar. The Dome restaurant under Chef Woytek is one of the best on the island. Try

prawn dumplings and bao bans and book the next slim massage! bamboozanzibar.com





Designed to relax: bamboo, concrete and teak harmonise in the Elements Spa at Bamboo Hotel with intuitive Asian massages