FROM ZANZIBAR TO THE WORLD - THINK GLOBAL, ACT LOCAL

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# **RESEARCH BUILDING WITH COCONUTS? YES!**

PAGE 02 | NEWS



# **GIFTS & GOODS YOUR A-Z SHOPPING GUIDE**

PAGE 06-07 | SHOPPING



## **TOURISM DISCOVER THE** SECRET BEACH

PAGE 08 | MY WORLD



Christmas

e'd like to wish all our

readers, who celebrate it, a merry Christmas

THE FUMBA TIMES

# KARIBU ZANZIBAR, **SALIF KEITA!**

XXL FESTIVAL: 4 DAYS, 26 BANDS, 1 SUPERSTAR

From the heart of Mali to the shores of Zanzibar: Salif Keita, the golden voice of Africa headlines the music event of the year. Get your tickets now! Sauti za Busara, 5-8 February, 2026.









## From Zanzibar to the world **CAREERS THUMBS UP**

and everybody a happy and healthy

New Year. With Ramadan, the high-

light of the Muslim year - set to start

mid-February -, also falling in the timespan of this edition we'd like to

express a warm Ramadan Kareem to

our Muslim readers as well.

Female science students are training in Fumba Town to become future engineers.

FOR THE GIRLS

The highly successful STEM programme is running into its fourth year, with another group of four young women having graduated recently. STEM stands for science, technology, engineering and math. The new graduates are Doreen Kimario, Benes Benjamin Kalekezi, Faidha Amour and Debora Jailos Mwampamba. 17 women engineers have been trained so far in the urban development project, Nine of them have found permanent jobs in

AN EAST AFRICAN

IN NEW YORK

Outsider Zohran Mamdani

conquers America

sider, Zohran Mamdani, a char-

ismatic 34-year old of Indian de-

scent, raised in Kampala, Uganda.

Describing the capital of finance

as as melting pot of immigrants

he won the election by promis-

ing to curb exorbitant costs of

living. His mom Mira Nair is an

acclaimed Indian-American film-

maker ("Monsoon wedding") and

supported him during the cam-

paign. Even his first meeting with

US president Donald Trump is

reported to have gone well. Now

Zohran just has to deliver!

Tew mayor of America's

most important city has

become an absolute out-

Fumba Town.

# **GREATER FUMBA'S MEGA MAKEOVER**

35,500-seat stadium, "Gucci mall" and university reshape the peninsula

By Andrea Tapper

**EXCLUSIVE** Zanzibar's biggest public-private development is happening right now in Fumba. A soccer stadium, a high-end mall and other futuristic facilities are taking shape on the southwestern peninsula. Mostly hidden from public view, the spectacular construction is bound to change the face of the island forever. THE FUMBA TIMES was granted an exclusive tour of the suburban mega project.

■xplosions are heard day d and night. Relentless drills penetrating coral rock land. But only the residents of nearby eco-city Fumba Town, a mixed development of residential and holiday houses, and Fumba's fishermen witness the mysterious construction going on. On the rest of the island, in tourist hot spots along the east and north coast and even in Zanzibar City, most people are still unaware of the huge changes occurring on the south-west coast.

On the Fumba peninsula, marked as one of five Free Economic Zones on the archipelago, Zanzibar's biggest public development ever is underway. 24/7 day-and-night construction has turned the formerly sleepy stretch

between Fumba Town and Fumba Uptown into a dusty raging battlefield of cranes, bulldozers and trucks. When visiting the enormous building projects within the 3,000-hectare zone destined to become a "mixed leisure-sporteducation and residential area" it feels like landing on the moon. Most bush cover has been stripped away leaving a barren desert of enormous proportions. Giant machinery monsters are crushing coral rocks to sand.

THE FUMBA TIMES was granted an exclusive tour of the ongoing mega development. We are accompanied by Khamis Dunia, 36, Director of the Special Economic Zones (SEZs) at the Zanzibar Investment Promotion Authority (ZIPA), and his deputy Abu Bakar Maulid. Any foreigner investing in Zanzibar needs a green light from ZIPA, whether opening a hotel, leasing land or starting a manufacturing business. "Our free economic zones act as land banks for new developments", Khamis Dunia explains to me while taking us around. Every few metres we stop to look at another new project; in about two hours we will have covered about a dozen of them.

At the heart of the development and in varying phases of construction are a 35,500-seat soccer stadium and two additional training facilities, each with a capacity of 15,000 seats; a government owned 400-bed hotel and a 40-bed "medical tourism" hospital are in planning nearby. A pier for a future ferry terminal to Dar - long discussed - is marked, but plans for the realisation "do not exist yet", ZIPA concedes. In contrast, a huge mall the

size of Fumba Town and a new campus for the renowned Indian Institute of Technology Madras (IITM) are already taking shape, the latter visible with three-storey buildings along the Bakhresa Uptown highway entrance.

## Deadline for everything: 2027

Two large blue signboards just after Fumba Town announce the "Continental Mall of Zanzibar" by "Wipi Group" which is surrounded by a several-kilometre-long corrugated- iron fence. The giant complex is developed by an unnamed US firm. Covering an enormous 59.5 hectares it will be "more Gucci than Michenzani", we are told,



with "the developer knowing best what brands and customers he wants to attract", Khamis Dunia adds.

Next on the tour we discover a small oasis amid all the construction, the neat headquarters and workers' village of Turkish construction company Orkun, the builders of new Fumba. The compound includes a water fountain and even a staff clinic. An informal shanty town with jua kali canteens and a double-storey shed in Rasta colours has sprung up nearby.

# Football fever already!

Hardly a kilometre away, an impressive circle of rebar cages pointing fiercely towards the sky becomes visible, marking the position of the new Africa Cup of Nations (AFCON) stadium. The stadium, which will be by far the biggest in Zanzibar, has triggered all other activities here. It is built

for the continent's biggest football tournament to be held in Uganda, Kenya and Tanzania in 2027. AFCON has been running since 1957. Zanzibar ioined the contest last-minute as a host, and is now under enormous pressure to get the stadium ready. "2027 is our deadline for almost everything", says Abu Bakar of ZIPA. This includes adjacent projects like a four-lane highway from Nyamanzi to the airport, part of a three-tier road network stretching to the southern tip of Fumba.

A new updated masterplan for Fumba is in the making, we are told, since the 110-page "Masterplan 2022-2042" has become largely obsolete with the new stadium. Even our small delegation struggled at some points to identify which building is planned where.

CONTINUE ON PAGE 2



ZIPA officials in front of billboards announcing a huge luxury mall for Fumba; the stadium on the rise (right)

# ADVERTISEMENT -

# Impressive start of thousands at the new Maisara sports complex; a young runner

# **MARATHON FOR ALL**

The annual Zanzibar **International Marathon** (ZIM) is a much-loved special race leading through the scenic streets of Stone Town and beyond.

The fifth event of its kind took place on 23 November with 4,758 runners of all ages participating in one of the three runs: 5 km for beginners and families in the non-competitive category, 10 km on a so-called challenge route and the 21-kilometre half-marathon to Kiembe Samaki and back. The winner (21 km) was Mao Hando Ako (M) with a time of 1:03.47 from Tanzania and Catherine Syokau (W) from Kenya with 1:12.29. The marathon, which has quickly won Zanzibari's hearts, was first launched in 2021 under the auspices of President Dr. Hussein Ali Mwinyi and has become the biggest island run in terms of participation. It is sponsored by communication firm Yas and others. An added incentive this year was the start and finish at the new Maisara sport complex. Cheating? No way! Participants receive their race results via accurate chip timing. All finishers get medals and personalised certificates. "Our marathon is liked by local sport enthusiasts as well as by international participants and runners from the mainland", said Hassan Ibrahim, chairman of the marathon board. The next run is planned for the end of 2026.

Information and bookings: zanzibarinternationalmarathon.co.tz/

Registration fees start at TZS 35,000.



**NEWS: TECHTIPS** 



NEWS

Experimenting in Fumba: architect Jorgen Tycho is creating architectural role models for Southern countries in Zanzibar

carbon-intensive cement, coco-crete production has zero emissions and

transforms an agricultural waste

product into something strong and

"Organic materials are the solution

for construction in the future", believes

Tycho, who has worked in engineered

timber construction in Norway for 20

years. On a research trip to Scandinavia,

lime (ground coral stone) mixed with The ancient Romans built with coconut fibre. Like children creating it and the Greek, too. Call it castles with moulds in a sandbox, the coral stone, limestone or marble men are working on a new building material charmingly named coco-crete. – in combination with the husk of coconuts, natural stones could become a new affordable contender is emerging from the tropics: building material of the future. Zanzibar has plenty of coconut palms Zanzibar is conducting leading and coral rock; the whole island emerged from a coral reef millions of practical research into this - for years ago. The handmade coco-crete good reasons: the entire island looks a lot like traditional concrete, is made of coral, and blessed but behaves differently - lighter, with hundreds of thousands of more breathable and far friendlier to the planet. And unlike ordinary concrete, which leans heavily on

hen Jorgen Tycho, 47, has a good day in Fumba, he and several employees of and several employees of the timber company Volks.house manage to produce enough wall elements for a blocks anything They

the developers of Fumba Town, the directors of the CPS company, met Tycho and encouraged him to come to Zanzibar for some worldwide unique research. "With a heavily growing population, Zanzibar has to build more than 10.000 new homes per year' CPS director Tobias Dietzold explains: ity Fumba "We have to find ways to build more the affordably and sustainably."

Norwegian architect could be one of the answers. At first experiments with

Colosseum as a role model Coco-crete, although a niche material

50x50x12cm handmade blocks of glance, the idea sounds new, but the logic behind it isn't. Humans have always built with what nature provides. Take limestone, for example: for thousands of years it was one of the world's most trusted building It is no wonder that - in the race to materials. The Roman Colosseum was built largely from travertine limestone; the Acropolis in Athens is essentially limestone reborn through heat and pressure. These monuments

> Benefits of coco-crete Coconut trees drop millions of husks every year, and turning the fibre into building material prevents it from

On the premises of engineered timber company Volks. House in Fumba, the search for a new building material is on.

THE ZANZIBAR

**EXPERIMENT** 

"Coco-crete" is a word combination derived from coconut and concrete.

The coco-crete mixture can be locally formed to building blocks. ■ Lime slurry with a consistency of thin joghurt is poured over and mixed with husks; the mixture is left to dry in frames, becoming

■ The blocks are cheaper but equally robust and lasting as

ever harder over the years.





#### HOW DO WE WANT TO LIVE?

Developing countries need not go through the same stages of development as rich countries - this includes house construction. Instead, "developing countries could choose future development on the principles of sustainability", says architect Jorgen Tycho who is partly based in Zanzibar. Sustainable architecture in tropical climates is "still an unexplored field", the researcher acknowledges: "It is challenge to integrate building physics, socio-cultural aspects and aesthetics favoured by the local environment." But one thing is clear: architecture of the future sees houses less as machines (illustration above left) and more like organisms - fueled and cooled by nature (illustration above right).

Page 2 – Edition 26, December 2025 - February 2026

structural concrete in skyscrapers, but

It's no coincidence that the architect is doing his research in Fumba Town in Zanzibar. The 10-year-old eco city 1,400 houses and apartments built

for unconventional. Shutters instead sustainable building in Africa. 410 timber houses and

successfully constructed since 2018 or are underway. Two beautiful playgrounds

Communal kitchens wanted? Architect Tycho's task goes beyond finding new building materials: "We

and the communities, things like it does work very well for medium-size communal kitchens create a new social architecture", he says. Coco-crete could timber for stairs, roofs and shutters "Who says a house in the tropics needs windows at all?", the Norwegian asks

old houses in Stone Town just had shutters and no glass windows, securing a constant natural breeze apartment units have windows - feasible? inside. "In a highly

> we are used to seeing buildings as machines, but in the future we should rather see them as organisms", Tycho says (see ilustrations above). And as he turns back to his open-air workshop in Zanzibar's first timber factory, he knows he has found the right spot for



The "coco-crete" ingredients (clockwise): By mixing coral rock - ground into powdered lime stone - with coconut shell fibre (husk) and water, a new building material is formed. Mixing ratio:1 part lime to 2 ½ parts husk

# NEW MASTER PLAN FOR FUMBA IN THE MAKING

CONTINUED FROM PAGE 1

nother enterprise in the pipeline is a residential highrise directly opposite Fumba Town by the Zanzibar Housing Corporation (ZHC) on 20 hectares, the ZIPA officials revealed. Plans for a large, luxurious beach residency complex in Bweleo have also just surfaced. Ideas for a futuristic office rarely generates but rather costs money park called 'Nyamanzi City', however, - how does this add up? "The stadium

is presently no further talk about the Formula One dream (THE FUMBA TIMES reported in March 2024). Still reserved are spaces for a basketball training centre and a film studio. Free Economic Zones were identified in 1992 in Zanzibar to attract foreign investment. With tax incentives and other benefits, they are intended to create economic growth beyond tourism. A football stadium, however, priority now.

ZIPA, an economist by profession, "but the broader economic impact will come from its surrounding services including hotels and housing developments.' industrial development were early focal points of the ZIPA Special Economic Zone in Fumba, large-scale leisure and residential projects seem to have

Urban planners and private investors have repeatedly emphasised the Everyone's hope here rests with

on its own", says Khamis Dunia of "to ensure long-term predictability for Communication and Innovation to investors", as Sebastian Dietzold, CEO of CPS Africa, has pointed out. This helps to ensure that different forms of development can coexist harmoniously. While iob creation and small-scale In one recent case, a villa retreat close to the new Fumba port was offered compensation after plans for

going to waste. Lime, the main binder,

absorbs carbon dioxide as it cures,

generates about one-third of global

CO2 emissions", as architect Tycho

points out. Coco-crete material offers

natural insulation and helps regulate

indoor temperature and moisture. It

could be produced to scale by local

labour at decentralised hubs with strict

standards. "This is a major advantage

for African regions seeking affordable

But just how robust would the

emerging new material be? Tycho

will return to Zanzibar shortly to

conduct more trials. He already knows

housing solutions", says Tycho.

At least one project, already feared dead, could rise from the ashes - the much talked about "Cyber City".

surrounding industrial use evolved.

resurrect the cyber dreams - and with them lots of job opportunities.

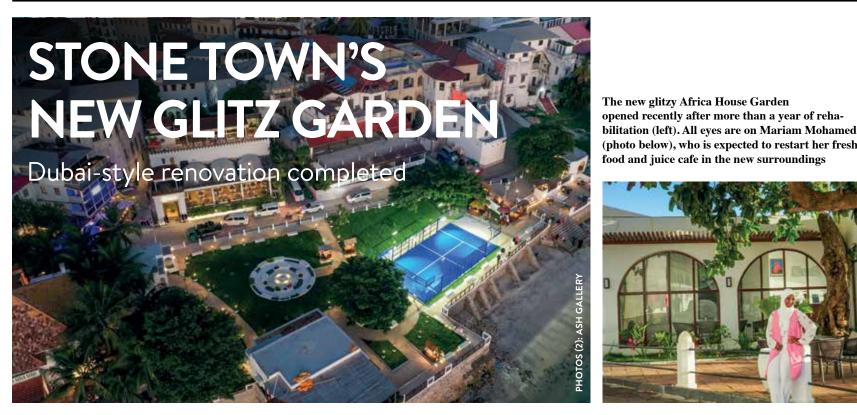
This article was updated on 10 December 2025.





Site visit: editor Andrea Tapper with ZIPA directors; the planned stadium





quest to restore major historic sites in

pizza, popcorn and ice stands. Mariam

Mohamed will certainly add a more

fresh touch to the culinary offering. She

An eyesore for nearly two decades - with a collapsed sea wall and little remaining grass - the Africa House Garden has finally been thoroughly modernised. Too thoroughly?

hy the premier sundowner spot in town, right by the sea along the promenade of coffee shop (soon to be run by the owner of former Baboo Beach Café, Mariam Mohamed), as well as some Shangani, would need a padel court. is anybody's guess. The garden was re-designed and overhauled by Dubai investor Samuel Saba recently. On his is famed for her fresh juices and Swahili

Christmas SPECIAL

Zanzibar, from the High Court to the Old the old garden. "I am counting on the Fort (THE FUMBA TIMES reported), new developer to re-open Baboo Café the garden reepresented yet another in the new surroundings", she said. forgotten area in UNESCO-protected Stone Town. The radical facelift of the leftovers of the historic Africa House Garden includes a Japanese restaurant 100,000 per hour) doing here? "Maru" (still to open), a nice little

> Swimming is another option at the city beach; changing rooms are not

FESTIVE COOKING WITH A TWIST

provided. Water taxis for sea excursions dishes which she served for 12 years in to Nakupenda Sandbank and Prison Island (TZS 750,000 p.p.) can be booked at the garden, too; a 25 m jetty

ZANZIBAR

"Young tourists staving in town want some fitness areas", said Saba when presenting his garden overhaul to THE balcony bar, it was the oldest expat FUMBA TIMES. Padel has become a

(photo below), who is expected to restart her fresh

The new glitzy Africa House Garden

opened recently after more than a year of reha-



busloads of tourists for a "happy hour" At the moment, the four-storey

building with two roof terraces and 15 hotel rooms has been stripped A better sea access would fit into empty, awaiting new ownership and the historical picture. It was from the major restoration. Significant antique sea and by road that members of the furniture is said to have been stored English club, established 1988 in the away - among it an old set of scales Africa House next to the garden, arrived reportedly used by Princess Margaret for sunset drinks. Best known for its on her last royal visit to Zanzibar before club in East Africa and remained open that the scale, like many other antiques until the end of the colonial era. In in Zanzibar, might be lost. Never 2015, Africa House came under Indian mind, some may argue, today you lose management, and became popular with overweight on the padel court. (AT)

#### **ENTERTAINMENT** STARTS HERE

Living in paradise comes with its own learning curve. In this new column, Alex Keller, Fumba Town resident since 2024, shares tech tips for newcomers.



Let me entertain you... sang Robbie Williams. Nowadays, a little tech device does the same - practical for residents as well as travelers. If you enjoy watching shows and movies, the Amazon Fire TV Stick is a great travel companion. You can install apps like Netflix, national and international media libraries, and much more. Only slightly bigger than a lighter, it works with almost any TV that has an HDMI port. You just plug it in, connect to WiFi, and you're ready to go. No need to learn new menus or struggle with someone else's smart TV system. It fits in your hand luggage. You can bring it from abroad, or buy it in local electronic shops, at around \$45.

UPS for your router: Power cuts are part of daily life in Zanzibar. Even when backed up by generators, it can take a few seconds or minutes until the power is fully back affecting your internet connection, your TV streaming and so on. A UPS (Uninterruptible Power Supply) helps. It's a shoebox-size battery that kicks in when the power goes out. If you plug in your modem and router, your internet stays stable, unless the whole network goes down. Available at local IT or office supply shops. Prices start around \$100.

# **HEALTH FESTIVAL**

# **WELLNESS IN KILIFI**

What started as a gathering of a few yoga friends in 2020, has become an East African wellness gem with more than 150 participants.



taged in Kilifi, a lush coastal creek area in Kenya, from 5-8 March 2026, the Kilifi Wellness Festival is becoming a place to go in the region, especially for wellness fans. Now approaching its seventh edition, the event has grown to feature art, dance, yoga, music and more, its organisers say. It offers four days of relaxation on one of Kilifi's stunning beaches combined with lots of curated activities. The eclectic program includes SUP, meditations, open mics, circus arts, cacao ceremonies, ice baths, tarot readings, dhow cruises and beach parties. Therapists are available for private treatments, a festival market is filled with ecofriendly goods. Kids' activities on Saturday.

Information and bookings: www.kilifiwellness.com; info@kilifiwellness.com +254 712 298203

# Ramadan SPECIAL Of all the local food places in

hether in the old-fashioned print travel bible Lonely Planet or in

▼ latter-day influencer blogs – the

budget-friendly Lukmaan restaurant in Zanzibar

collects mostly good reviews everywhere. By

far the best-known local restaurant, meanwhile

with three branches - two in Stone Town and

a new one on Airport Rd. - it has been on the

scene since 2006, when founder Salum Sherif

Hamadi, 58, returned from Bern in Switzerland

("where I was looking for greener pastures as

a dishwasher") accompanied by his wife Eva,

and enough pocket money to start his own food

joint. Today he proudly says: "Lukmaan is the

mother of all local restaurants in Zanzibar." The

casual eatery with buffet-style stews, curries,

grilled seafood and fresh juices ended "the

segregation of tourists and locals in restaurants

here", Hamadi vividly recalls the beginnings.

The name Lukmaan does not stem from tourists

enthusiastically exclaiming, "look here, man!",

as some speculated, but is rooted in the Koran.

meaning "a good, honest person", Hamadi

explains. That's why "we never had muzungu

prices, hospitality must be the same for

everybody", he added. As a festive Ramadan

dish for THE FUMBA TIMES he chose

traditional biryani (also written biriani), a spicy

Jamaican Chef Troy has taken the Zanzibar culinary scene by storm Zanzibar, Lukmaan, the restaurant with his cooking pop-ups. For THE with the unusual name is definitely the FUMBA TIMES he created a special most famous. Here, the owner himself Xmas surprise, an I-tal meatless loaf. cooks biryani for us.

e arrives in a *bajaji*, carrying the ingredients for his menu - coconuts, Lacarrots, basil, celery and more - in bags, and with a brimming smile on his face gets straight to the task. The Rastafarian chef is preparing an experimental dish for us, good to try out during the holidays, "Meatless loaf with crunchy veggies and coconut mashed potatoes". Egbert Levy, known as Chef Troy, 44, born in the tiny village of Glengoffe in Jamaica, got his first taste of cooking at the tender age of eight from his mum and stepdad; his father in Queens, New York, later introduced him to American cuisine. Today, Troy is a chef on-thego. After working at no lesser places than the B.B. King Blues Club & Grill on Times Square, he has embarked on a mission of introducing healthy I-tal cuisine worldwide, taking him from New York to Zanzibar. But what is I-tal cooking? "A plant-based vital cuisine rooted deeply in Rasta philosophy with no chemicals, preservatives, no excessive salt or processed sugar", the celebrity chef explains. Food enthusiasts in Zanzibar were able to taste the amazing results at Msonge Farm, The Box and other places - refined, organic high-end food full of mouth-watering surprise. In his crusade against processed food, Chef Troy also taught



#### Chef Troy with another delicacy: leafy veggies from Msonge Farm on chapati

children in cooking workshops, and will return next year. "Zanzibar and Jamaica have a lot in common", he says about island life here and there, "but they are also very different; Jamaicans are rebels, Zanzibari more polepole." And then he has no more time to talk. the meatless Xmas loaf needs all his attention.

Recipes, events, contact:



**MEATLESS LOAF WITH CARROTS & COCONUT MASHED POTATOES** (4 PERSONS)

#### Ingredients: - 2 cups cooked black eyed peas

- ½ onion diced
- 1 large carrot diced - 2 stalks celery diced
- half a red pepper + 2 cloves garlic diced - 1 cup chopped mushrooms
- 1/2 cup boiled potato, 1/2 cup oats - 2 tablespoons tomato paste; soy sauce, maple syrup, salt and pepper to taste
- For fried veggies & mashed potatoes: - 3-4 carrots ot other veggies - 6-8 potatoes

- 1/2 cup fresh coconut cream

The trick with meatless loaf is, to recreate the idea of a popular meat loaf, with veggies only. Experiment with the right consistency of the loaf. Preheat the oven to 180°C. Sauté the minced garlic, onions, celery and diced carrots. Blend all other ingredients in a food processor. Add the sauteed vegetables and stir. Oil a loaf tin or line it with baking paper. Press your loaf mixture - ideally slightly crunchy but sticky - in the prepared pan, pushing down evenly with your hand. Cover with foil, bake for 30 minutes. Remove the foil. In a small bowl, stir the tomato paste with soy sauce and maple syrup, spread it on top of the loaf and bake for another 15 minutes, uncovered, until firm. For the fried veggies, slice carrots or other veggies lengthwise, sprinkle with oil, chilli flakes and salt, roast in the oven for 20 min. Prepare mashed potatoes as usual; instead of milk and butter simply add coconut cream to mash.



#### TRADITIONAL SWAHILI **IRYANI WITH YOGHURT** AND CHICKEN (4-6 PERSONS)

From diswasher to success story: Salum

Hamadi founded the Lukmaan restaurants

rice mixture with Persian origin and a pillar

of the Swahili kitchen in coastal East-Africa.

During Ramadan a more coconut-oriented diet

is usually preferred, but *biryani* is nevertheless

served for special guests. Special twist: prepare

it with either chicken or meat in one pot; only

at Lukmaan it's separated for easier servings.

Inspirations & opening hours:

instagram.com/lukmaanrestaurants/

### Ingredients:

- 1 chicken cut into 8-10 pieces - 4 tomatoes chopped 3 onions deep fried until golden and crispy 3 potatoes peeled, halved & deep fried
- 2 grated carrots
- a little tomato paste
- 1-2 teaspoons ground cumin,
- cinnamon, cloves
- crushed ginger, garlic a bit of sugar
- 1 coriander roughly chopped - 1/2 – 1 cup natural yoghurt

How to cook it: To make Swahili-style chicken biryani, you prepare the chicken-potato stew (rojo) and then layer it with basmati rice before steaming them together. You can find a gazillion recipes for biryani - here comes a simplified, flavour-packed version. Main trick: use caramalised onions and yoghurt! In a big pot with little oil fry one onion and spices, add chopped tomatoes; when all is a nice mixture, add the chicken pieces and a bit of water, boil for about 15 min until soft; add the joghurt. Deep-fry the potatoes and caramalise two onions cut into thin rings. Add the deep-fried potatoes, crusty onions, grated carrots, two large cups of basmati rice and sufficient water to the chicken mix. Let it all simmer until soft but not too soft, until

the rice has come up and formed a perfect stew. Decorate with some coriander and serve.

#### VINTAGE DELUXE

Paje is becoming urban. The former fishing villa turned kitesurfer's paradise is adding not only more and more multi-storey buildings to its roadsides but a little shopping centre with Zanzibar's most successful souvenir shops is also in the making. Memories is supposed to open its first branch here soon, as is Inaya, the leading local green cosmetic firm. More a niche project is the first vintage brand shop in Zanzibar. "Shoelace" sells Nike sneakers, Birkenstock sandals and jeans jackets by Louis Vuitton - all pre-used but original, promises the owner, local DJ Sam Dikier.



"Shoelace" - the island's first mitumba de luxe in Paje

WELCOME NOTE

# **ONE STEP AT A TIME**



Andrea Tapper nternational journalist & editor-in-chief THE FUMBA TIMES

oday I took an early-morning stroll in the greens of Fumba, the place which has so surprisingly become my home away from home, shared with neighbours of almost 60 nationalities. The kaskazi rains had woken-up colourful tropical flowers everywhere, I saw purple orchids, orange birds of paradise flowers, inhaled the sweet fragrance of white ylang-ylang just within minutes from my home. Beauty was all

around me, but I felt sadness inside. Tanzania, the country so warmly welcoming guests, is experiencing hard times. As a community we are deeply saddened and concerned by the violence, the tragic loss of lives and the destruction that took place during the recent election. We stand in solidarity with those whose lives and livelihoods have been affected. The president has announced an internal investigation; international voices are demanding an independent probe into the tragic developments as ordinary citizens are grappling to pick up look forward too, an icon of diversity the pieces. One step at the time.

As a journalist, I was shocked to experience how the loss of the internet - suddenly shut down - unity is the only way forward. One affected our lives. "This is not step at a time

the Tanzania we know", many friends and colleagues have told me in the last couple of weeks. Zanzibar - which has witnessed its own share of unrest and violence in the past - remained calm and peaceful this time. The Ministry of Tourism assured visitors of a "seamless experience."

Yet, deep inside everybody knows that more changes have to occur to proceed on a path of progress. I am therefore pleased that the new issue of the FUMBA TIMES once again places a focus on improvements and achievements that make life better. For everybody. Read how AI can help to eradicate malaria on the island. How Fumba Town is testing new ways to invent cheaper building material (on page 2); how urban planners find inspiration for the entire continent in our small town. Our cover story lifts the veil off the biggest public construction ever in Zanzibar, happening on our peninsula. And then there is the Busara music festival to for over two decades (see page 3).

Embracing technology, allow-

ing transparency and celebrating



Page 4 – Edition 26, December 2025 - February 2026

# **NOW & THEN**

VIEWS

He captured the Dalai Lama on camera, visiting heads of state and everything Zanzibar: Ramish Rohit T. Oza, here photgraphed between two elephants in 1975. A few weeks ago, his Capital Art photo studio was evicted from Stone Town, making way for yet another boutique hotel. The photographer wasn't there to protect his longtime home and place of work, founded by his father Ranchhod Trikam Oza 95 years ago. Rohit, as his friends called him, passed away in 2024 at the age of 74. But his widow Usha endured in the studio, occasionally selling photos to tourists passing by on Kenyatta Road, until the very last day in November 2025 (small photo), when she had to close up and move to another apartment. In support of her and the invaluable work of the Oza family, THE FUMBA TIMES will continue to publish some of the extraordinary black-andwhite photography documenting Zanzibar's past and present. What brought the elephants to Zanzibar 50 years ago, however, remains a mystery. Widow Usha just remembers vaguely: "Somebody wanted to start a zoo."

# THE FINAL **MOSQUITO HUNT**

How Al is helping Zanzibar achieve malaria elimination

**GUEST COMMENT** 

# PLAN MORE, LIVE BETTER



mented labour markets, long comver the next 25 years, Afrimutes. That kills the promise of cities

ca's cities will welcome 900 million new residents - more than the urban population of Europe and the US combined. If we plan badly, that means bigger slums, more traffic jams, and wasted opportunities. If we plan well, it could launch a new era of African prosperity.

new residents

for African

Even here, in small Zanzibar and even smaller Fumba Town, urban planners are working on solving the urbanisation dilemma. We have just started a second diploma program with 52 students from 15 African countries who daily face development challenges as mayors, district officials and in other capacities.

What is the problem? Today, African countries are undergoing rapid urban transition at significantly lower incomes than it has historically been the case in other regions – Africa is "urbanising while poor." People move to town, but productivity and wages don't keep up. People don't prosper in cities. Outdated regulations and a lack of planning keep them in miserable living conditions. In Dar es Salaam, for example, until recently people legally needed a 400-square-metre plot to build a formal house. Most families can't afford that, so they either crowd into ple: either sprawl and informality informal settlements or move far out wins by default - or say "yes" to on the urban fringe. The result: frag-building cities that work.

runner of the African School of Economics (ASE) in Zanzibar. Born in Canada, the resident of Fumba Town warns: Africa must plan its

Kurtis Lockhart, 36, is director of

the African Urban Lab, a fore-

where people and ideas mix and in-We suggest to urban planners three practical, simple, and inexpensive first steps to restore the link between urbanisation and income gains. First, plan simple road grids on the urban edge before people settle instead of retroactively installing infrastructure after urban settlement retrofitting is three to five times more expensive. Second, create income for your municipality by taxing rising land values. Cities like Freetown, Sierra Leone are using cheap satellite

ties and collect desperately needed Third, invest in people who can run 21st-century African cities. Across the continent there are fewer than one trained urban planner per 100,000 residents, and many schools still teach planning curriculum based on 1970s ideas. Updating curricula and scaling training - including here in

imagery and streamlined mobile pay-

ments to digitally map urban proper-

East Africa – is as important as pour-Africa's next billion city dwellers will arrive soon. The choice is sim-

# By Innocent Nyalala

Zanzibar has the digital backbone to become Africa's first AI-powered malaria elimination success story Dr. Innocent Nyalala, an Assistant Professor at the Indian Institute of Technology Madras (IITM) in Zanzibar, explains how this huge progress was possible.

anzibar is on the verge of eradicating malaria, with its preva-✓lence now below one per cent. Artificial intelligence (AI) is contributing to the positive development. It has emerged here as a transformative technology that could deliver a final blow to the age-old disease. From AI-driven mosquito traps that identify species with 95 per cent accuracy to detecting malaria parasites in blood samples, the innovative technology is revolutionising vector control in East Africa. Let me go into some more details to explain just how AI has an impact against mosquitoes in Zanzibar.

AI acts like a robot killer of the nasty malaria host in several ways:

■ Smart mosquito traps can photograph and identify mosquitoes and send alerts when dangerous species

■ AI apps could scan blood in seconds ■ Algorithms can warn: "High transmission risk expected in Shehia X next Tuesday due to rainfall pat-

The technology already exists: apps diagnose malaria in one second, and AI models can predict outbreaks using rainfall, temperature, and movement data. "AI-powered mosquito detection networks could transform surveillance," says Mwinyi Khamis, a Community Health Officer at Zanzibar's Malaria Elimination Programme.

#### Zanzibar leading the pack "Zanzibar is well positioned to deploy

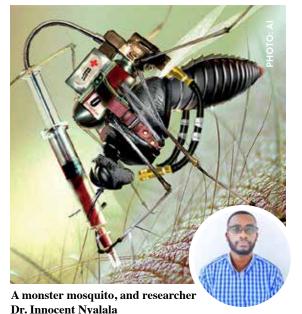
AI against malaria", sums up David Malone, Senior Program Officer at the Bill & Melinda Gates Foundation in Seattle in the USA. The Gates foundation supports the

AI-initiatives in Zanzibar. It has funded malaria control in Zanzibar since the early 2000s and has been very successful with that - contrary to what unfounded criticism may have claimed Among other things, the Innovative in Zanzibar was established with an initial \$50 million grant from the Bill & Melinda Gates Foundation in 2005 Zanzibar reported 5,300 malaria cases in 2024 (5,020 in Unguja and 280 in Pemba): with that it still maintained a test positivity rate below one per cent. Significantly, 68 per cent (or two thirds) of these cases were imported from mainland Tanzania, indicating the low local transmission. Worldwide, there were 263 million malaria cases and 597,000 deaths worldwide in 2023, smartphone applications capable of according to the World Health Organization's (WHO) 2024 Malaria Report.

New nets for everybody

Another AI tool is used for Insecticide Treated Nets (ITN). The campaign was renewed in Zanzibar as "Usingizi Bul Bul" (Comfortable Sleep) in July 2023 by replacing old, already-treated nets with 782,000 new ones across Unguja and Pemba. A digital system tracked the distribution with a socalled "coconut surveillance app", nelping malaria officers investigate

Smartphone applications can also detect malaria parasites in blood samples - allowing faster diagnosis in clinics and remote areas. How does that function? The Android app "Malaria Screener" uses cameras to analyse blood smears for P. falciparum parasites (99% of Zanzibar's mosquitoes are from this dangerous malaria strain). An AI-powered diagnostic system called AIDMAN achieves 98.44% diagnostic accuracy, matching that of trained microscopists. These tools process results in less than one second.



Hunhting down every parasite To eliminate the final one per cent of

malaria prevalence in Zanzibar, Dr. Manoj Kumar's team from IIT Madras, Zanzibar, has set out to develop dynamic assessment models. "AI can learn patterns humans miss," explains the mathematician who is working on a model for malaria control in Tanzania mainland and Zanzibar. "By analysing malaria cases, weather data, travel patterns, and social media posts about illness, we can predict where the next case will appear." Scientists here have recognised that eliminating the last malaria cases on the isles requires precision tools: "We're not just fighting malaria anymore, we're hunting down every parasite," noted Dr.

With Zanzibar's existing digital health infrastructure, the island is uniquely positioned to become one of the first regions to achieve complete malaria elimination through intelligent technology. This shows that AI can have a real positive impact on a community.

Innocent Nyalala e-mail: innocent@iitmz.ac.in

# The Fumba Times

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# WHERE DIVERSITY FOUND ITS SOUND From Bongo Flava to Jazz, Afrobeat to Singeli

Straight from South Africa: Pilani Bubu (photo) is set to perform twice, in town and Fumba Town. In two decades, more than 6600 musicians have played at the annual Busara festival. Get updates for 2026 on social media.

By Andrea Tapper

Sauti za Busara in XXL format: the 23th edition of Zanzibar's acclaimed music festival is planned for four full days in February, crowned by African superstar Salif Keita. Surprisingly, the legendary singer from Mali applied for the gig just like any other musician...

t Sauti za Busara (Swahili for "Voices of Wisdom"). booked but fill out a form to gain a performance slot. "At the end of July, we had already received more than 400 applications from all over the continent", recounts festival director



directors Lorenz Herrmann (left) and Journey Ramadhan (right)

registration was approaching when all of a sudden a surprise email popped up. "Salif Keita would be interested in playing at your festival", it read, "kindly find the application form

attached", communicated the manager of the Mali legend. It was application No. 467 From there on, preparations for the

renowned annual festival became a little bit more hectic. "Every edition of Busara comes with its own identity and challenges", says Ramadhan, 'but a famous man like Keita requires more close monitoring." The artist, accompanied by a band of 12, has already indicated that he wants to extend his stay for a holiday. "Zanzibar could not find a better ambassador", says Lorenz Herrmann, the Sauti za Busara Promotions director, "a musician of his stature will attract

The French speaking singer is coming to the island for the second time; music fans may remember his appearance at a Jazz Festival in the Old Fort about ten years ago. Born in August 1949, Keita continues touring – still active after five decades

on the road. He has been on the move for much of his life and has lived in Mali, Ivory Coast and Guinea, before settling in France in the 1980s when he released his first album Soro. He has worked with many other music celebtrities. He played at the Nelson Mandela 70th birthday tribute at Wembley stadium in 1988. Later he performed with the likes of Youssou N'dour and Carlos Santana.

PEOPLE

Besides music, non-discrimination of people with albinism has always been an important mission in Keita's life. In a recent interview he said. "In my youth people did not understand how I could be white with black parents. I could not become a teacher in the 70s, because they said I would scare youngsters." Albinism is a congenital lack of

melanin pigment in the skin. Peoploe wiith albinism are vulnerable to medical complications and face social discrimination in many societies in Africa, including Tanzania. Keita's answer to that is constant engagement: "As an African artist you have to speak about what is going on."

With traditional African instruments such as the djembe, kora and balafon and his distinct high-pitched voice, he has created a sound that transcends borders, blending Mali's mandinka tradition with global rhythms. Even young music fans who might not know his name, are familiar with anthems like "Yamore," "Africa," and

Looking forward to a very diverse festival with 26 strong acts from 15 African countries, and Tanzania's own stars Ben Pol and Man Fongo, the Busara team is "extremely nappy to have Keita on board" the applicant No 467. "It's not only great for the audience", remarked director Herrmann, 37, "the island can sharpen its reputation as a cultural

Sauti za Busara 23th edition, 5-8 February, 2026 Tickets and information www.busaramusic.org

ties and thirties - have one thing

in common: they have been, at one

stage or another, sponsored by the

The joyful noise of children play-

is heard through the shutters of

the hotel. Neighbourhood culture,

Swahili heritage and the aspirations

of Zanzibar's contemporary artists

The foundation was started in

2024 when culture pioneer Emer-

son Skeens died at the age of 65 in

Zanzibar. Through the foundation,

the legacy of the charismatic New

Yorker lives on. Babu, as he was

called, opened the first boutique ho-

tels in Stone Town in 1990, brought

Johnny Depp over and ignited ma-

Emerson's Zanzibar Foundation.

Zanzibar melange

# REE GIG IN FUMBA TOWN Busara+ is on again on Saturday, 7 February 2026 in Fumba Town. 11am-3pm, 3 acts on stage Magomamoto Theatre Group, Tanzania traditional, 11am Pilani Bubu, jazz sensation from South Africa, 12:30 am Kara Sylla Ka & Baye Fall Band, hot stuff. Afrobeat from Switzerland, 2pm Free bus shuttle and back from town EXTRA FUN: market time! Kwetu Kwenu community market all day in Fumba Town Updates here: busaramusic.org, and IG sautizabusara

Expected with a 12-people-band: Salif Keita is the most famous African musician so far performing in Zanzibar

# STAIRWAY TO FAME

Great start-up chances for Zanzibar artists



"Extremely useful": eight filmmakers and other Zanzibari artists discussed the benefits of the Emerson Foundation in Stone Town

In 11 years, the Emerson Foundation has helped many young artists to jumpstart a career. Join them and become an art mentor yourself!

zam TV pays fairly when we work for them", reports actress Biubwa. Painter Hamsa describes how he has been teaching visual art in an atelier at the Old Fort for 25 years. Businessman and board member Amour Hamil Bakari talks about his work with the copyright society of Zanzibar (Cosoza). "Our films on You-Tube channels are doing well", contributes producer Mwenenu to the lifely discussion.

jor cultural events like the film fes-Snapshots of artist life in Zanzitival ZIFF and the music festival artists and art organisers at the Sauti za Busara (see story above). authentic Emerson Hurumzi Hotel in Stone Town. The majority are filmmakers and actors. All of them

"Emerson's Zanzibar Foundation struggling artists. Filmmaker Mudhas kept up the cultural engagedy Sule, for example, won the 2024 ment in his name, handing out yearfilm award for "Uhuruwangu", his short film about Aids. That cataly awards for music, film and visual art", explains Dismas Sekibaha, copulted him into a TV show. For ordinator of the institution. Everyhim, fame started indeed on a stairbody interested in art can become a way at Emerson's where his talents member. The new Emerson's Zanwere first honoured. A. Tapper

# **BECOME A CULTURAL**

**NFLUENCER!** 

Anybody interested in supporting arts and culture in Zanzibar can, for a small fee, join the Emerson's Zanzibar Foundation, a membership organisation. Benefits include vernissage inviations and discounts. But most mportantly: let your voice count among art insiders here.

foundation@emersonzanzibar

Email sales@fumba.town or Call +255 623 989 900

Information:



zibar Foundation Art Gallery is also

The support has helped many

— ADVERTISEMENT

FUMBA FUMBA CHEICHEI TOWN ZANZIBAR Grab your CheiChei unit only a few remaining! Starting from \$49,900

import regulations to port problems, there

Zanzibar. Thus, do buy things at once when

you spot them. The next day the product or

even the entire shop may have disappeared.

cent actually. Develop a feeling for prices.

drive you nuts as you realise that just about

expensive as, say, in Europe. The remedy: buy it anyway! You will enjoy that camem-

bert and that rare silk blouse, don't worry.

Traditionally, Zanzibari men do the grocery

shopping for their wives (allegedly to keep

their wives indoors..). Follow that trend.

GO LOCAL/ GO ONLINE/ DELEGATE:

Who says you have to shop yourself?

is no steady, reliable flow of goods in

shops where you can't get a certain discount, anything between 10 and 99 per

everything is double if not triple as

Send your husband/dada/or even a tuk-tuk driver shopping. Sure, they'll have better

sources anyway. Or order in – from trusted

deliveries such as Pakacha in Zanzibar or

Once you have discovered that rare gem of quality AND smooth service or that

particular fishmonger in the midst of

service gets sluggish, or god-forbids,

SELF-MADE IS BEST! Bernadette Kirsch,

permaculture expert and founder of the iconic monthly Kwetu Kwetu community

market in Zanzibar, knows hundreds of

reasons to support local start-ups: they

help developing a local industry, self-made

products have more quality than imported

mass ware, home-made cosmetics are healthier and more sustainable.

presumptuous!

sweaty Darajani who has never let you down - stick to them. However, don't

hesitate to omit them from your list when

online suppliers like fumba.store.

■ BE LOYAL TO YOUR FAVOURITES!





# ZANZIBAR'S TOP SHOPS

**1001 Organic** - organic spices from Pemba, several shops in Stone town Abeid Curio Shop – Cathedral St,

Biggie Electronics – Michenzani Mall, **Chako (recycled glass)** – Malawi Rd (factory) + Changa Bazaar area, Stone Town

**Dolson Interiors** – Zanzibar office,

Doreen Mashika - opp. Hyatt, Forster Gallery - Mbweni Imara (decor) - Kiembe Samaki.

**Inaya Zanzibar** – Kenyatta Street, Jad Africa Ltd (hotel supplies) -

ADVERTISEMENT

Nyerere Rd, opposite ZMMI Kumi gifts & treats - Kenyatta Rd, Lithos Africa - Livingstone House **Memories of Zanzibar** – Kenyatta Road opposite Post Office, Stone Town Muzammil (electronics) – edge of Ndevu Furniture - Pavilion Mall,

Rocky Furniture - Mpendae Mall,

Sasik (women's cooperative cushions)
– Gizenga St, Stone Town Surti & Sons (shoemakers) -House No. 133, Gizenga St,

The Zanzibar Curio Shop- Hurumzi~St,near Old Fort, Stone Town **Tronics** – Mlandege / Mlandege Road **Wasani Art Gallery** – Gizenga Street, near Maru Maru Hotel, Stone Town Wonders Boutique (Frasi Africa) -Gizenga St, Stone Town + airport Zivansh (concept store) -

Kelele Square, near Serena

Zuri Rituals – 153 Gizenga St, Stone Town + airport Sinatra records at Abeid Curio



#### Compiled by staff writers

Where can I buy a nice pair of shoes? Reasonable antiques? Fluffy towels? Even just a decent bread knife? Shopping in Zanzibar - for essentials or that extra-bit of shopping bliss – comes with its challenges. Whether you are a newcomer to the island, or have been here a while: our A-Z guide is a helpful retail therapy and your compass for basics.



Antiques Some relics of Zanzibar's plundered rich history still exist. Chests, Swahili beds, cupboards and tables; even the famous Zanzibari doors, which you cannot legally export but purchase for your Zanzibar property. Most antiques are (at best) 100-150 years old, hailing from

appointment (Ph. 0628 785 198) Zanzibar's golden era around 1880. Good finds are also possible at Wasani Art Gallery next to Maru Maru Hotel, with a wide collection lovingly curated by Anita Sita, including original Gizenga Street; well-known Dullah Wise exhibits at various places ncluding the gallery at Emerson on Hurumzi hotel, always worth a visit.

traditional Swahili furniture - nothing hand-made natural cosmetics and herbal products to be discovered bad about it, it's keeping the craft alive. Among our favourites: the smallest (see markets). Trusted brand No 1 is antique shop in Stone Town, owned without doubt Inaya by Cheherazade by Mohammed (Ph. 255 777 417658) Cheikh who has her own shop on on Changa Bazaar St in Hurumzi. In Kenyatta Rd in Stone Town. Her the tiny one-room store, he sells wall organic line is found in practically clocks, frames, furniture, all still at fair every good hotel in Zanzibar, and one prices. As almost all antique dealers, of our favourite souvenirs, too. Zuri Mo has an extra workshop outside Rituals on Kenyatta Road and at the town where customers can explore. airport departure lounge is another Abeid Curio Shop opposite the catholic quality local brand for natural beauty. St. Joseph's Cathedral convinces with a great furniture collection, even old **Bedding & bathroom essentials** Frank Sinatra records; near him, visit Tamin for chests. Zanzibar Curio Shop on Gizenga Street is a must-see magic

warehouse with thousands of masks,

furniture pieces, lamps and antique deco

- but be aware: in the hodgepodges of

Zanzibar's grandmasters of antiques,

prices have gone through the roof over

Art of a certain quality - beyond copy-

and-paste lions - is rare. Out of town.

Forster Gallery in Mbweni, offers the

most impressive and sizeable collection

of African contemporary art stunningly

displayed in a modern villa. Book an

Beauty products Forget about

Where do you usually discover the comfiest mattresses, whitest linen and best bathrobes? In top hotels! So, go no further than to one of Zanzibar's leading hotel supply shops, Jad on Airport Road, for all of these and more (see household basics). Find cute bedding sets, soap spenders and more home accessories also at the tiny but always tempting I-Care, also on Airport Road opposite Mama Rahma hospital. For bathroom hardware, sinks and tiles head to ABC Ceramics in Mombasa - airconditioned and spacy, they even understand the word warranty!



Tinga Tinga paintings and sculptures. Cushions & Curtains Buying the from Sasik, near Maru Maru hotel, you not only acquire beautiful home deco but support one of the oldest women co-operatives in Zanzibar. For curtains and upholstery, the unrivalled quality shop is Dolson Interiors with branches in Dar es Salaam and Zanzibar. With faultless made-to-measure products, inviting showrooms and reliable delivery, Dolson may well be one of the most L'Oreal, Lancome and Chanel - or satisfactory shopping experiences shop duty-free before arrival! - and you'll ever have in Zanzibar!



Décor. Places to buy modern home accessories like candles and vases were practically non-existent in Zanzibar until recently. Luckily things are changing. Working with disabled employees, Neema Craft in Iringa produces cute lampshades and cushions that can be ordered online. Imara on Airport Road in Zanzibar is a new, tiny home décor heaven offering an inspiring choice from lemon-themed kitchen wall art to macrame cushions. Another favourite stop on Airport road is I-Care (see bedding) with many useful items that owner Fahud and his wife import from Ikea in Dubai - hence the word play I-Care.



Electronics & entertainment The best shops are Tronics in Mlandege and Biggie at Michenzani mall, both customer-friendly with Tronics specialised on lamps, lanterns, plugs and bulbs; Biggie offering a wide electronic array from laptops and TV's to I-phones, as does Muzammil in Darajani (see Household Appliances).



Fashion The most Zanzibari fashion item you can get is a simple kanga, a pareo-like fabric. The best selection, at original prices, can be found at Chavda on Tharia St in Darajani near Coffee House (have a coffee break at this delightful place while you are there).

CONTINUE ON NEXT PAGE



Doreen Mashika is fashion royalty, an to Orca Design in Dar es Salam with a internationally acclaimed, local designer warehouse-size selection of furniture with sophisticated dresses, unique and home accessories.

Glasses (drinking). Quality wine

t-shirts, jewellery and lots more, the

DM boutique is located opposite Park

Hyatt. - Farouk is an internationally

known designer with a unique take on

traditional pieces based at Emerson

Hurumzi Hotel. - Wonders Boutique of

Italian fashion entrepreneur Francesca

Scalfari offers local designers and the

bohemian collection of Tipsy Gipsy,

a brand from Dubai. And: never miss

a market to discover local fashion and

Hunting for designer fashion

and outdoor furniture has expanded

considerably. The unmatched queen of

even catalogued as a collection, remains

Green Room at Slipway in Dar es Salaam

- everything from queen-size rattan

beds to sleek dhow-wood side-boards

can get shipped by ferry to Zanzibar.

Owner Elmarie van Heerden has single-

handedly built up the beautiful business

with local craftsmen since 2010. - Hot

on her heels is Rocky Furniture, a new

company with a slightly more rustic

touch and showrooms in Mpendae

Mall in Zanzibar. Ndevu Furniture in

Fumba is a good new addition with a

production on demand and imports.

Zanzibar company Scanza has a solid

reputation for fine handmade furniture

glass tables are more your style, turn

hand-made, stylish, top-notch furniture

and other glasses are as rare as a night without mosquitoes in Zanzibar; there's a reason why Karen Blixen shipped her crystal to Africa! You might get lucky in second-hand mitumba shops and at Darajani and Mlandege street vendors. Apply shopping rule No 1 (see sidebar "Shopping wisdom") and buy immediately once you spot something nice. Chako in Stone Town offers a neat, original recycled glass collection; sixpack glasses for daily use you'll find at Jad or in supermarkets.



midst of Darajani, has a decent selection enterprise with washing machines and Hub, next door offers a rich selection but poor service (like extra charge for credit

Household basics This is the fun part, your license for serious, city-wide browsing. Begin with the street kiosks is the Kwetu Kwenu community market from coconut and other wood, especially on Mlandege Rd/ corner Malindi Rd built-in-kitchens. - If velvety sofas and for everything from tableware, kitchen a lovely crowd to Fumba Town every

and storage boxes. Continue to Little More in Michenzani Mall for mugs and plates, lastly to Mpandae Mall. If you and food delicacies. - Another popular still have not found your mug, you can't be helped! Looking for a quality bread knife or top cooking pots, visit hotel of the month. Newcomer is Jambiani supply shops such as Jad and Hotel



jungle of hardware stores in Mlandege plumbing supplies to toilet seats Furniture Hard to come by until a they've got it all, but not always in good few years ago, the choice of modern, quality. Lots of it comes from China, shopping rule No 5: once you have found a trader you can trust, stick to him.



Hardware Browsing through the has become a real hobby for some glasses - our editor has never left the expats. From hammers to paints, from shop without buying something.

Household appliances & TVs Muzammil, a Zanzibar classic in the of fridges, cookers, washing machines, TVs and smaller electrical appliances. Then there's the Mlandege lot: The smaller of two Hisense is a sympathetic fridges, and friendly service. Electronic

Solutions on Malawi Rd.

Incense Nag Champa has been the most popular with Indians residents for years (and they know what they are doing); get it at the nameless cigarette kiosk on Interiors, comparable to superior US the far left opposite Maru Maru hotel.

Glasses (reading): Try the Aga Kahn



market is held at New Teddys on the Beach in Jambiani every first Sunday Bazaar - for dates check social media. The markets are Zanzibar's talent shows; successful fashion brands such as Amina Pilar and Mubah Beach Wear, Fadhili Design; Eat Africa and Rocky



The little hardware shop of successful Vietnamese entrepreneur Kim Nguyen in the centre of the Paje strip next to her Hanoi House Cafe is indeed a treasure trove for almost everything. From blue ceramics to soya sauce, tableware to strainers, to semi-crystal whiskey



Lighting & Lamps. Tronics in Mlandege is your one-stop choice (see electronics). For decorative big bulbs try Rocky Furniture. For sisal lampshades check Katani and other craft makers lampshades Neema Craft; for recycled plastic lampshades (and more) Ozti in



Markets The most entertaining option for most of your shopping needs are Zanzibar's markets. The mother of all which was started in 2020 and draws utensils to drying racks, ironing boards first Saturday of the month. Discover

for several years on two areas -

stress-relief physiotherapy and

rehabilitation measures after an

injury. The latter applies of course

Furniture have started and still sell here. Mattresses Among the many find the

good! The best you can get are pocketspring and foam mattresses from Dolson hotel standards. Not quite the same quality but similar products imported from China get at Jad.

fresh farm products, unique fashion,

green cosmetics, home and garden items

Shoes Unless you fancy plastic

high heels, go to Zanzibar's last shoemaker Sirtu & Sons. You'll find local brands like Tropical Heat and pure leather creations, from standard brown men and women sandals, to are also useful and good. colourful designs in Hermes style, at the retailshop on Gizenga Street.

Souvenirs Our six totally subjective never-fail favourites: Lithos Africa at Livingstone House for Maasai Tanzanite There are more jewellers with local gemstones. Doreen Mashika for distinctive Zanzibari fashion and jewellery (also see



Africa (next to the tunnel in Stone Town) for vintage tourism posters and Bi Kidude cushions. While you are there, have a chilled adjacent restaurant of the same name. Try Zivansh near Serena on Kelele Sq.

Kumi boutique on Kenyatta Rd for well curated Tanzanian fashion jewellery, crafts and accessories. Last but not least, step into Memories, Zanzibar's one and only department-store-size souvenir shop. As the saying goes: If you don't find it at Memories, it does

for branded coffee mugs.

mobile phone covers and

more trendy surprises.

Spices - Zanzibar is the spice island but avoid street vendors with expired or imported spices. Find the best locally-sourced spices at 1001 Organic in various shops in Stone Town; Salt and pepper by ZALT from Pemba. Spice mixes by African Garden sold in supermarkets



fashionable Ndoto elastic bracelets have one bestseller: Tanzanite, a gem rarer than diamonda, mined only in Tanzania. But only two family businesses in Stone Town have a long tradition of handcrafting Tanzanite jewellery of quality: Elias (on Kenyatta Rd. and opp. Tembo Hotel) and Lithos Africa (at Hyatt and Livingstone House).

hotel quality at Jad on Airport Rd. In cotton, in many size, and also



Makes a nice souvenir:

Zalt from Pemba



bathmats at Royal Cotton in Mlandege (+255 776 815 526); also try supermarkets



wonderworld of Hanoi House Cafe in Paje

Happy&Healthy

# **ASK DR. JENNY BOURAIMA**

READERS' QUESTIONS ANSWERED BY OUR OWN MEDICAL EXPERT

# PHYSIO AGAINST STRESS & TENSION

Paul Okundo, 52, Fumba Town

Dear Dr. Jenny, jogging on home leave I slipped on a badly paved road and broke my leg. As soon as I was fit for travel I returned to Zanzibar, but I feel I should support my healing process with professional physiotherapy. Is any of this available at your clinic? Can the therapist also do house visits?

Dr. Jenny Bouraima answers:

Dear Paul

to share that physiotherapy is back at Urban Care, now in collaboration with Comfort Physiotherapy Clinic, led by the talented Swalihun Khamis Haji, a trained physiotherapist from Zanzibar

Swalihun has been concentrating

to you. Physiotherapy is essential for rehabilitation after accidents. Recovering safely requires guidance, personalised exercises, and support, and that's exactly what Swalihun and the team provide. He

ing parts of

his work.

for stress-induced

pain or tension in your

body. Many of us carry

tension in our bodies without re-

says that seeing patients regain strength, mobility, and confidence Our physiotherapy service comis one of the bines expertise, care, and a taimost reward-

alizing it. Back pain, neck stiffness, and other "stress pains" are more common than we think. I've seen how even small, consistent interventions can make a huge difference, helping you move more freely and feel more comfortable in your day-to-day life.

#### Physio for prevention

Whether you're dealing with everyday aches or recovering from an accident, I encourage everybody to take the step toward healing and prevention.

lored approach to help you feel your best. I'd love for you to experience it; book a session and let's get you moving comfortably again. The team from Comfort Physiotherapy Clinic is available on Saturdays at Urban Care or throughout the week for house



PHYSIO & AND MUCH MORE The Urban Care Clinic is situated at the Pavilion in Fumba Town

and provides medicial services 24/7

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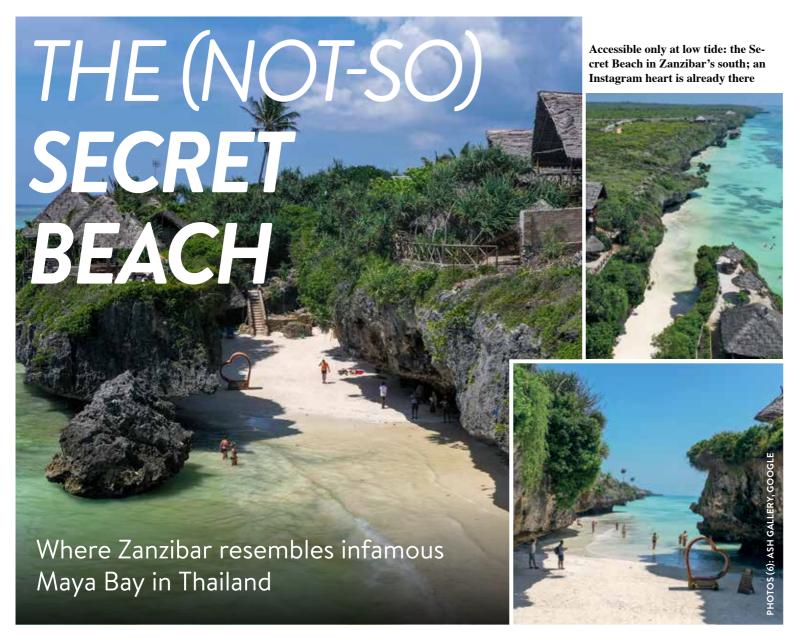
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# MYWORLD



#### By Sine Heitmann

Tucked away at the southern tip of Zanzibar lies Mtende Beach, a once unknown beach which has become one of the island's most photographed coastal spots. It has stirred up an interesting discussion about who benefits from tourism.

eaching the beach still feels like a small adventure. Visitors pass through sleepy Mtende village where children play underneath the island's biggest Baobab tree. After that, we follow a rough road down towards the coral cliffs, pay a small parking/entry fee and descend on a set of stone steps carved years ago by local fishermen. The unique geography, especially the narrow cove, flanked by five to ten-metre-high cliffs and oceancarved boulders, gives Mtende its distinctive appeal.

**Everything changed during Covid** Many visitors compare the setting to Maya Bay, made famous by Leonardo DiCaprio's 2000 film, The Beach: remote, cinematic,

and seemingly untouched. And like its Thai counterpart, Mtende is no longer a secret. Until just a few years ago, the area was used almost exclusively by local men for fishing and by women working with coconut ropes. There were no signs, no online mentions, and no official road leading to the site. That changed dramatically in 2021 during the COVID pandemic. One day, a local guide from nearby Makunduchi brought a group of Russian tourists to Mtende. Within 24 hours, the foreign guests had shared their secret in Telegram groups and on other social media profiles. Soon

after, the first sign appeared in the village pointing the way to the community cleans now-famous "Hidden Beach." the beach daily From one day to

the next, Zanzibar's secret beach was no longer a secret.

The local

As word spread, tourism followed and shortly after the first hotel, Usumba Rock Restaurant opened, launched by locals, and built spectacularly into the coral cliffs with views across the Indian Ocean at both low and high tide. The wooden structure showcases Zanzibari creativity, the restaurant is meanwhile managed by Europeans; more restaurants followed.



Bad role model: the eco-balance of Maya Bay in Thailand collapsed after Di Caprio's film "The Beach" brought to many visitors to the scene

For visits, timing is key. At high tide, the beach disappears under water. Stepping down the steps becomes impossible. Visitors are advised to plan their visit wisely (see box "How to enjoy Mtende"). Low tides offer a different picture every time. Women harvesting seaweed from their farms, fishermen carrying in their boats to protect them from the next high tide, tourists exploring naturally formed pools between rocks. "There's something special about Secret Beach", a visiting lady from Spain recently remarked., "no loud music, no rush, just nature. Lying on my own towel, listening

to the waves, I felt very connected to the place."

#### Damage done already?

Has the sudden discovery of Zanzibar's secret beach harmed its natural beauty? Is the area becoming invaded by "Instagrammers"? "On some days it looks already pretty crowded", one tour driver frankly remarked. Among the challenges: parking gets expanded for more and more taxis and buses, the littering caused by picnics has to be managed by local gatekeepers, souvenir shops and instagrammable heart decorations have popped up, protected starfish are collected in a pool to be touched by tourists. While some see this as economic opportunity or entrepreneurial savviness, others worry about unregulated development and the loss of the area's original charm.

# Filming disaster at Thai beach

But while the Zanzibar beach's popularity has side-effects, it is still nowhere near the disastrous aftermath of The Beach film production in Thailand where the filmmakers had significantly altered the natural environment and subsequent mass tourism caused severe degradation. The entire area was closed off in 2018 to regenerate. Visitor numbers had reached up to 3,500 per day at one point. In 2006, Thailand's Supreme Court upheld a ruling that the filming had harmed the environment and mandated damage assessments. By now, Maya Bay remains closed every year for a two-month conservation period, the rest of the year the bay is accessible but visitor numbers are strictly limited to 375 people at a time to protect the ecosystem. Swimming is not permitted any more.

Contrary to all that, most observers would agree, that even with more internationally-run restaurants and accommodation popping up, Mtende in Zanzibar is still a magic spot and does remain a positive example of how local communities can benefit. It offers something special: a chance to experience one of Zanzibar's most striking natural settings, shaped over generations by nature. And yet, it is also a reminder that the popularity of Zanzibar has to be carefully managed not to get overrun, so that small communities can play a central role in shaping how their places are shared with the world.

#### **HOW TO ENJOY MTENDE**



Where? Drive to the southern tip

of Zanzibar. Turn off at Makunduchi petrol station and follow the road until Mtende villas. At the end of the tarmac road, turn left and follow the track road for about two kilometres to the parking areas. When: Best time to visit is at low tide. The beach becomes impassable from about two hours before high tide. Check your local tide calendar or at the hotel reception, as this changes every day. How? Plan a quick visit of an hour or a whole day, tide-permitting both are worth it. If the tide is high during lunchtime, it's a perfect slot to eat at Usumba Rock, Eden Rock

or Africa Baobab Lodge.

## JUST DISCOVERED

NURU SPA AT NEW LOCATION IN BWEJUU



# **ZANZIBAR'S MOST CASUAL SPA**

LOCATION Bwejuu



That do you dislike about (some) spas? The hype? Big promises, poor practice? Pretentiousness? None of those familiar complaints will come up at Nuru Spa, Zanzibar's most relaxed wellness location. Re-opened recently in a former hotel villa in Bwejuu, Nuru Spa is a must for all wellness lovers - a spa treat of a different kind.

The brainchild of Svitlana aka "Nuru" Nikolaieva from Ukraine, who came to Zanzibar with her twin sister Luyska around ten years ago, Nuru spa has recently moved from Sheherazade Hotel in Jambiani to its super spacious new location next to the beach of Bwejuu. In their early thirties, Nuru and Luyska have been enriching the Zanzibar scene with many beautiful projects ever since they arrived on the island, among them three hotels, Spice Palace on Jaws Corner, Antonio's Garden in Stone Town and Antonio Beach Hotel and Spa in Chwaka all worth a visit.

#### Playful environment

So what to expect at Nuru Spa? I arrive at 2 pm during intense midday heat, and immediately, a cooling and relaxing atmosphere embraces me. In a romantic courtyard, white paper lanterns dangle from trees. Birds tweet while my ginger tea is prepared. The playful environment sets the mood. Clients can book individual or group treatments here. The spa menu lists everything from "mini escapes" and "face energy booster" to a 90-minute individual hamam experience, from coffee scrubs to detox facials, from vino therapy to hot stone massages. When Svitlana talks about "practical magic" she refers not only to sound healings and full moon group sessions but also to basics like nail

work, waxing, laser and hair treatment. Keratin and Collagen hair products from Dubai are much in demand to tackle even the worst Zanzibar frizzy-hair syndrome! "Our clients love Keratin straightening treatments", the spa owner says: "They last about three to four months."

#### Relaxing Hamam treatment

I have opted to try out the hamam today, located in a catacomb-like side room of the wellness villa. We are starting with a singo scrub with rice and cloves, followed by a hair mask, and a seaweed body mask. African charcoal burners heat up the room, a real detox chamber. Feeling rejuvenated and at least a kilo lighter I emerge after more than an hour, ready for a deep-tis-A.Tapper





Dreamy atmosphere with lanterns; owner Svitlana in a herbal barrel

Nuru Spa

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# COFFEE CENTRAL

Coffee served in traditional style: small cups for spice coffee

and some ginger sweets - or as take-away (r.)

t's one of the magic secrets of Stone Town, that every so often valuable unused living space is rediscovered and repurposed even amidst

demolish-and-rebuild wave presently hitting Zanzibar's historic quarter. The long-time unused top floor of a historic bank building Kenyatta on Avenue, right at the seafront centre of UN-

ESCO-protected Stone Town, was taken over a few months ago by coffee shop Karafuu. The popular coffee place belonging to Dubai and Zanzibari owners found a new home in the outstanding location with its beautiful arched balcony, relocating here from premises near Old Fort where it first opened in

Now the trendy spot popular with global nomads is no longer a walkin but a climb-up. Karafuu means cloves in Swahili and spice tea is served in traditional teapots with cakes and sandwiches. The coffee shop also hosts local artists' exhibitions.

Karafuu

140 Kenyatta Rd, IG@karafuucafe

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